



**PAN AFRICA CHRISTIAN UNIVERSITY**

**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF  
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

**MAY-AUGUST 2018**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: COU3122**

**COURSE TITLE: CLINICAL SUPERVISION II**

**EXAM DATE: MONDAY 13<sup>TH</sup> AUGUST 2018**

**TIME: 9:00AM-11:00AM**

**INSTRUCTIONS**

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

**SECTION A: This Question is Compulsory and Carries Thirty (30) Marks.**

1. Junior, a form three student, deserted school and joined his friends who were marketing bangi for a rich dealer for a fee. However, within his first week of being in this work, he was cornered by police, arrested and sentenced to four months of incarceration. Born of a single mother and brought up in town, Junior has always been a challenge in his school because he kept defying authority. He started smoking the bangi in form one and was influencing other students. The school has tried every disciplinary method they know of but the final outcome has been his dropping out. The mother blames the school for spoiling her son. 'I have always given my son all he needs and she has always been a good boy until she joined this school', she would say. Junior would get home from school long after leaving school because he would join the company of his bangi smoking friends first before going home but the mother never got to know because she always came home late from work. She insisted she had to work very hard to give Junior a decent future. Now with the turn of events, she is very angry and has even refused to visit her son in prison.
- a) Highlight the procedure you would use to start Junior on therapy. 5 marks
  - b) Describe areas you would need to explore in Junior's life in order to fully understand his issue. 4 marks
  - c) Give a hypothesis that provide possible roots of the development of the client's problem. 5 marks.
  - d) Suggest how you would manage this case. 10 marks
  - e) During the period of therapy, you have an opportunity to meet the mother. Suggest areas of psychoeducation you would want to give so that you empower her to be a more effective mother. 6 marks

**SECTION B: Attempt any TWO (2) questions in this section. Each question carries 15 marks.**

2. As you have started with new cases, you were conscious of the need to structure out clear treatment goals for your new clients.
- a) Describe what treatment goals are. (4 marks)
  - b) Give three characteristics of a good title of the goal statement. (6 marks)
  - c) Provide at least five (5) purposes served by treatment goals. (5 marks)
3. The therapist person's tool enables you to reflect on various aspects of your intervention. The reflection is supposed to aid in greater conceptualization of a client's case.
- a) Outline how the genogram plays a role in the therapeutic conceptualization. 5 marks

- b) Explain the importance of reflecting on your personal response to your client. 5 marks
- c) Review how you would use the tool to prepare to present your client for supervision. 5 marks
4. Solution-Focused Brief Therapy approach involves a variety of techniques used by therapists to clarify solutions and help client find ways of achieving these solutions.
- a) Identify any four viewpoints of solution focused brief therapy. 4 marks
- b) Explain the following interventions therapists use in a counselling session in the light of the model. 4 marks
- i) Exception.
- ii) Scaling .
- c) What follows is a section of a transcript from a single-session therapy with John:  
 “John, a 35-year-old ‘street drinker’ with a prison record and currently subject to a probation order requiring him to attend an alcohol rehabilitation Centre. The therapist will visit the Centre and will only see John once.”
- i) Discuss briefly what would be the intended goal of using the Solution-Focused Brief Therapy in the above study. 3 marks
- ii) Illustrate how the use of the miracle question is designed to bring out desired results as an intervention used to explore Johns issues. 4 marks
5. Narrative therapy is one of the postmodern therapies.
- a) Discuss how it explains the formation of pathology in individuals. 3 marks
- b) Explain the following concepts as used in the narrative model outlining how they are woven in the treatment process. 12 marks
- i) Personification of a client problem.
- ii) Externalization of the clients’ problem.
- iii) Deconstruction.
- iv) Sparkling events.