

031305T4PSY

COUNSELLING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/01/5

Assess the Client

July/August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counsellor in a simulated situation where you are seeking guidance.
2. You have **10 MINUTES** to rehearse.

EXCERPT

June is 21 years old, a module II student at Shimayio Technical training Institute pursuing her diploma course in Catering and Accommodation. She is a first born in a family of five. Her mother gave birth to her in her first marriage. When things did not work well, she left and got remarried again when June was three years old then. In the second marriage he gave birth to other four children. But unfortunately for June she did not get love, attention and care like other children. She felt she was in a different world. She was discriminated and stigmatized by her step-father and the siblings. When she was 17 years old, her step father started abusing her sexually and threatened to kill her, throw her out of the house and end her education. At 20 years old June got pregnant for her step-father and gave birth to a baby girl. Things turned for the worst. Her mother was on her neck when she came to learn about the pregnancy and the man behind it. She was thrown out of the house and sought rescue to her auntie's place. She is confused, contemplating suicide and she don't know what next. She is referred for assessment.