



**PAN AFRICA CHRISTIAN UNIVERSITY**

**BACHELOR OF ARTS IN COUNSELING**

**END OF TERM (SEPTEMBER - NOVEMBER 2015) EXAMINATION**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: COUNSELING**

**COURSE CODE: COU4333**

**COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY**

**EXAM DATE: Thursday 26<sup>th</sup> November 2015**

**TIME: 9.00am – 12.00pm**

### **INSTRUCTIONS**

- This exam paper has **TWO (2)** Sections
- Answer **All** questions in Section **A** and **Three** questions in Section **B**
- Write your **student number** on the answer booklet provided.
- Read all questions carefully before attempting.

## **SECTION A (COMPULSORY)**

### **QUESTION 1**

James, a 40-year-old man struggling with Internet addiction has been in treatment working on the behaviors. In looking at the types of sites and pornography he is seeking, his therapist comments that there seems to be a pattern of him selecting older women with fair complexions. In asking whether that reminds him of anyone, James breaks down and talks about his relationship with his mother, who was overly sexual, such as wearing only underwear around the house when James was a young boy. He often wonders if that had affected him in any way.

- a) Using the above case study, suggest three causes of child addiction **(3mks)**
- b) Explain four intervention of sexual addiction focusing **(4mks)**
- b) Identify three symptoms of internet sexual addiction **(3mks)**
- c) Justify with relevant examples **five** criteria for assessing for sex addiction. **(5mks)**

## **SECTION B: ANSWER ANY FOUR QUESTIONS**

### **QUESTION 2**

- a) Compare and contrast **three** traditional and contemporary sexual scripts **(6mks)**
- b) Identify **Five** ways of communicating sexuality and relationships to children and young people **(5mks)**
- c) Explain the sexual intimacy in the circle of sexuality **(4mks)**

### **QUESTION 3**

Benjamin, age 74, and Jeanette, age 66, have been married for 47 years. They have weathered many challenges during this time, but are now really struggling. Their sex life, which had been mutually satisfying, has deteriorated due to Benjamin's impotence. Although Jeanette has been patient, she is upset that her proud husband will not tell the doctor about the problem.

- a) Identify three reasons why Benjamin could not talk to the doctor **(3mks)**
- b) Explain three physical changes resulting from the sexual problems facing this couple in their life **(6mks)**
- c) Suggest three various interventions that can be undertaken by therapists to help the couple **(6mks)**

#### QUESTION 4

- a) Outline **Four** common myths related to homosexuality (4 Mks)
- b) Explain with examples the **Three** types of homosexuality (3 Mks)
- c) Evaluate the different treatment ways towards the homosexuals in society. (8 Mks).

#### QUESTION 5

- a) Discuss with four examples, the effect of disease on sexual functioning. (9mks)
- b) Explain the three distinct phases of menstruation cycle in women (6Mks)

#### QUESTION 6

- a) Describe any two of the following sexual disorders.
  - i) Fetishism
  - ii) Exhibitionism
  - iii) Voyeurism(6mks)
- b) Discuss any four treatment approaches for the sexually deviant behavior. (8mks)
- c) Identify two medications used in treatment of sexual disorders (1mk)

#### QUESTION 7

I am 9 years old, and the topic of sex in my family is non-existent.

- a) In the context of the above statement examine five steps followed in communicating sexuality to children (5marks)
- b) Briefly illustrate the male human sexual cycle in the four progressive stages (10marks)