PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY

JANUARY-APRIL 2019 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4232

COURSE TITLE: CLINICAL SUPERVISION III

EXAM DATE: MONDAY 8th APRIL 2019

DURATION: 3 HOURS

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- Answer the questions in **Section A (Compulsory)** and **any TWO** questions from **Section B**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: Answer all the questions in this section

1. John is in the third session with you. His wife and children ran away from home four months ago. John's eyes are blood shot and he expresses dissatisfaction with therapy this far. He tells you "utaniona" if his wife and children do not return home in the next one week.
   a. What do you conceptualize is going on in John's life? **(4 Marks)**
   b. Summarize two key components of any theory that you would use with John in this session. **(6 Marks)**
   c. Discuss any two ways you would ensure your safety should John get violent during the session. **(6 Marks)**
   d. Summarize four concerns that you would present to supervision in regard to John's case study. **(8 Marks)**
   e. Justify two significant reasons of integrating counseling theories through Scripture. **(6 Marks)**
   f. Identify three reasons a client would file a complaint against you in court. **(6 Marks)**
   g. Explain any two ways you can minimize risk of liability in court should a client file a complaint against you. **(4 Marks)**

SECTION B: Answer any THREE of the following questions

2. Seventeen year old Martin lives in a children's rehabilitation center. In the first session he tells you that: "I want to know my father and mother, where they live and why they abandoned me." He bullies younger children and is abusing marijuana. He is not interested in attending school and is often in trouble with the caregivers.
   a. What do you conceptualize as Martin's problems? **(6 Marks)**
   b. Construct a treatment plan for Martin. **(10 Marks)**
   c. Identify two other types of professionals that you would team up with for the wholistic management of Martin's problems? **(4 Marks)**
3. A mother brings her 14 year old daughter for therapy because she has taken the last position in her class for the past two terms. She also explains that the child has refused to go to school for the past one week because she is no longer allowed the use of her mobile phone on weekends.
   a. Explain your conceptualization of the girl's problem. **(3 Marks)**
   b. Describe three interventions you would consider. **(9 Marks)**
   c. Discuss two topics you would psycho-educate the mother about. **(8 Marks)**
4. a. Briefly highlight what you have learned from your practicum experience. **(2 Marks)**
   b. Summarize three limits of confidentiality while working with clients. **(9 Marks)**
   c. Discuss three ways one can integrate spirituality in counseling sessions. **(9 Marks)**

5. a. Discuss three aspects that should be clear on a client informed consent form. **(9 Marks)**

   b. Summarize three ways supervision can benefit a practicum student. **(9 Marks)**

   c. Identify one way you have dealt with stress this term. **(2 Marks)**