



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELING PSYCHOLOGY

JANUARY-APRIL 2021

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: CCOU0119

COURSE TITLE: THEORIES OF PERSONALITY

EXAM DATE: FRIDAY 9TH APRIL 2021

TIME: 2:00PM-4:00 P.M.

DURATION: 2 HOURS

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other two (2)** questions
- *ALL PAC University's examination rules and regulations apply*

QUESTION 1

- a) John is well interested in Psychoanalytic view and he has heard that personality consists of three systems:-
- i. Discuss the three personality systems. **(6 Marks)**
 - ii. Discuss four defense mechanism **(4 Marks)**
- b) Discuss the following themes from Personal Construct Theory
- i. Individuality **(2 Marks)**
 - ii. Choice **(2 Marks)**
 - iii. Experience **(2 Marks)**
- c) Explain any two ideas in ‘Learned Helplessness’ **(4 Marks)**

PART II ANSWER ANY TWO QUESTIONS

QUESTION 2

Mary is a student and has been studying Abraham Maslow’s proposed hierarchy of needs and would like to know its relevance to the world and why?

Discuss the **five** hierarchy of needs

- a) Psychological needs **(2 Marks)**
- b) Safety needs **(2 Marks)**
- c) Belongingness and love needs **(2 Marks)**
- d) Esteem needs **(2 Marks)**
- e) Self Actualization needs **(2 Marks)**

QUESTION 3

Discuss **Five** of Erikson’s psychosocial stages the emotional duality that it involves, and the particular ego strength that emerges from it.

- a). Infancy: Trust versus mistrust **(2 marks)**
- b). Early childhood: Autonomy versus shame **(2 marks)**
- c). Preschool age: Initiative versus guilt **(2 marks)**
- d). School age: Industry versus inferiority **(2 marks)**
- f). Adolescence: identity versus role confusion (2 marks)

QUESTION 4

Mary has come to you as her lecturer that she did not understand classical conditioning and operant conditioning as described in behavior personality theory by BF Skinner. Discuss your response to Mary giving examples.

Explain to mary:

a) Classical conditioning **(5marks)**

b) Operant conditioning **(5marks)**

QUESTION 5

a) Discuss any Three Major concepts in Individual Psychology Theory by Alfred Adler **(6 Marks)**

b) Analyze any two steps in the Modelling process **(4 Marks)**