

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/05/6

Provide Marriage and Family Counselling

July/August 2025



**TVET CURRICULUM DEVELOPMENT ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO THE VERIFIER

1. You are expected to read the following excerpt and brief the person acting as the client on expected behavioral and emotional expressions as per the excerpt.

INSTRUCTIONS TO PERSON ACTING AS CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counsellor in a simulated situation where you act as the client.
2. You have **15 MINUTES** to read and understand the excerpt.

EXCERPT

Mr. Tabo (45) and Mrs. Linda Tabo (41) have been married for 18 years and have three children: Sule (17), Nosa (14), and Tado (9). Tabo works as a civil engineer, often traveling for work, while Linda is a high school teacher. Over the past two years, Linda has complained of feeling emotionally neglected and overwhelmed by household responsibilities. She feels Tabo is not present enough in the children's lives or in the marriage. Tabo, on the other hand, believes he is fulfilling his role by providing financially and sees Linda's complaints as unnecessary.

Recently, Sule was caught at school with alcohol and bhang, and the parents were summoned by the principal. During the meeting, tensions flared between Tabo and Linda in front of school staff. Tabo blamed Linda for being "too soft," while Linda blamed Tabo for being "too absent." The

children have started showing signs of emotional distress, Nosa has become withdrawn, and Tado is acting out in class. Linda has suggested attending couple counseling with her husband.

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