



**PAN AFRICA CHRISTIAN UNIVERSITY**

**SCHOOL OF THEOLOGY**

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR  
OF ARTS IN COUNSELING PSYCHOLOGY**

**BACHELOR OF ARTS IN CRIMINOLOGY**

**BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT**

**BACHELOR OF COMMERCE**

**BACHELOR OF BUSINESS LEADERSHIP**

**BACHELOR OF BUSINESS AND INFORMATION TECHNOLOGY**

**BACHELOR OF SCIENCE IN INFORMATION TECHNOLOGY**

**BACHELOR OF THEOLOGY**

**BACHELOR OF ARTS IN BIBLE AND THEOLOGY**

**BACHELOR OF ARTS IN COMMUNICATION**

**DIPLOMA IN COMMUNICATION**

**DIPLOMA IN INFORMATION, COMMUNICATION AND TECHNOLOGY**

**DIPLOMA IN COUNSELING PSYCHOLOGY**

**DIPLOMA IN BUSINESS MANAGEMENT**

**DIPLOMA IN COMMUNITY DEVELOPMENT AND SOCIAL WORK**

**DIPLOMA IN CRIMINOLOGY**

**JANUARY - APRIL 2025 TRIMESTER**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: BIBLICAL AND THEOLOGICAL STUDIES**

**COURSE CODE: UCC101**

**COURSE TITLE: SPIRITUAL FORMATION**

**EXAM DATE: APRIL, 2025**

**DURATION: 3 HOURS**

**TIME: 6:00PM-9:00PM**

**INSTRUCTIONS**

- Read the instructions and questions carefully before you write the answers.
- Answer question **ONE** and any other **TWO** questions
- *ALL PAC University's examination rules and regulations apply*

**SECTION A: Answer ALL questions (20 Marks)**

1. The goal of practicing spiritual disciplines is to become like Christ.
  - a) Discuss **five** benefits of practicing spiritual disciplines for a Christian. (10 marks)
  - b) Explain **four** hindrances to practicing spiritual disciplines that a Christian should overcome. (10 marks)

**SECTION B: Answer ANY TWO questions (20 Marks)**

2. With reference to the Spiritual discipline of forgiveness, discuss **five** reasons to support the assertion that “to fully forgive one must fully condemn.” (10 marks)
3. Using **two** biblical examples, discuss the purpose of the spiritual discipline of fasting. (10 marks)
4. Explain **five** characteristics of true service in relation to spiritual formation for a Christian. (10 marks)
5. With reference to the Spiritual discipline of Bible Study, discuss **five** ways through which we can receive and internalize the word of God. (10 marks)