



PAN AFRICA CHRISTIAN UNIVERSITY
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING
MAY – AUGUST 2025
CAMPUS: ROYSAMBU
DEPARTMENT: PSYCHOLOGY
COURSE CODE: COU4333
COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY
EXAM DATE:2025
TIME: XXXXXX

INSTRUCTIONS

- ☒ Read all questions carefully before attempting.
- ☒ Write your **student number** on the answer booklet provided.
- ☒ **Answer Question 1 and any other TWO in section B**

SECTION A is Compulsory: Answer ALL Questions

Section A (20 marks)

Question 1

A. Discuss the following terms as used in Introduction to Sex and Human Sexuality: **(6 marks)**

- i. Infidelity
- ii. Human Sexuality
- iii. Coercive Sex

- B. Outline **FOUR** phases of the sexual response cycle (4 marks)
- C. Describe any **TWO** ways that sex can be considered as Coercive (4 marks)
- D. Discuss any **TWO** psychological impacts of rape (4 marks)
- E. Identify any **TWO** dimensions of Sex and Sexuality (2 marks).

Section B: Attempt any Two Questions

QUESTION 2

Examine the case below and answer the questions that follow:

Wamasaa went to a religious institution to train as a nun. She was there for two years after which she changed her mind and left the institution. While at the institution, she learned that the sexual act was given to human beings for purposes of procreation only.

- a) Discuss any **TWO** characteristics that would describe Wamasaa as a therapist who can be considered incompetent and unskilled in terms of handling sex and human sexuality issues in therapy (4 Marks)
- b) Analyze any **TWO** ways Wamasaa can be a liability to her clients if she continues holding onto the religious teachings from the institution, on sex and sexuality (6 Marks)

QUESTION 3

Examine the case study below and answer the questions that follow:

Mhogo, a 17-year-old male, reports feeling anxious and confused about his sexual performance. He has watched pornography since age 13 and believes that what he sees on screen reflects what women want and expect. After his first sexual experience, his partner expressed discomfort and concern with the roughness and lack of emotional connection, leaving Mhogo confused and ashamed.

- a) Identify **TWO** key misconceptions Mhogo has about sex and explain its possible source (4 Marks)
- b) Using any psychological theory discuss and give **TWO** examples how early and repeated exposure to pornography may have influenced Mhogo's sexual beliefs and behaviors (6 Marks)

QUESTION 4

Examine the case study below and answer the questions that follow

Tikoma, a 15-year-old young man, reports being sexually assaulted by another man. The responding police officer minimizes the report and laughs, saying, "Men can't get raped." Tikoma decides not to pursue charges and withdraws from the investigation due to lack of support.

a. Analyze any **TWO** things Tikoma’s parents might have done to help him handle the attack effectively **(4 marks)**

b. Discuss any **TWO** actions Law enforcement bodies can take to ensure men who are sexually violated get relevant assistance **(6 Marks)**

QUESTION 5

Examine the case study below and answer the questions that follow:

When a well-known athlete named Ruheni is accused of sexual assault, the media focuses on the accuser's past and lifestyle. Public opinion turns against her, and she receives threats online. Ultimately, she drops the charges and disappears from the public eye.

a. Analyze any **TWO** ways policy holders can ensure there is Ethical journalism and survivor protection all the time and especially when an offense is committed **(4 marks)**

b. Discuss any **TWO** ways the media may have contributed towards the accuser not getting justice **(6 Marks)**