



# **PAC INSTITUTE OF TECHNOLOGY AND SOCIAL STUDIES JAN – APRIL 2025 ASSESSMENT**

## **FORMATIVE ASSESSMENT**

Qualification : COUNSELLING PSYCHOLOGY LEVEL 6  
Code : PSY/CU/CO/CR/11/6  
Unit of Competency : DISABILITY AND SPECIAL NEEDS  
COUNSELLING

### **WRITTEN ASSESSMENT**

TIME: 3 HOURS

#### **INSTRUCTIONS TO THE CANDIDATE:**

- 1. Read all the instructions carefully before attempting the questions.*
- 2. Answer all questions in section A. In Section B, answer Question 11 (compulsory) and any other TWO questions.*
- 3. You are allowed 3 Hours to Answer the questions.*
- 4. Marks for each question are indicated in brackets.*
- 5. Write your responses in the Separate Answer booklet provided.*
- 6. Do not write anything on this question paper.*

## SECTION A (40 MARKS)

**Attempt all questions in this section.**

1. List FOUR objectives of special needs and disability counselling. (4 Marks)
2. Mention FOUR challenges faced by individuals with special needs that may require counselling. (4 Marks)
3. Identify FOUR ethical considerations in special needs and disability counselling. (4 Marks)
4. List FOUR roles of a special needs counsellor. (4 Marks)
5. Mention FOUR benefits of special needs counselling for individuals with disabilities. (4 Marks)
6. Identify FOUR counselling approaches used for individuals with special needs. (4 Marks)
7. List FOUR strategies for making counselling accessible to individuals with disabilities. (4 Marks)
8. Mention FOUR factors to consider when designing a counselling session for persons with disabilities. (4 Marks)
9. Identify FOUR indicators that an individual with special needs may require counselling. (4 Marks)
10. List FOUR ways of evaluating the effectiveness of special needs and disability counselling. (4 Marks)
11. Identify FOUR categories of disabilities. (4 Marks)
12. Mention FOUR key stakeholders in disability counselling and their roles. (4 Marks)
13. List FOUR assessment tools used in special needs and disability counselling. (4 Marks)

## **SECTION B (60 MARKS)**

**Attempt THREE questions in this section. Each question has 20 marks.**

11. **a)** A school counsellor is working with a child who has a hearing impairment and struggles with communication barriers in the learning environment. Discuss FIVE counselling interventions that can support the child's educational and emotional well-being. (10 Marks)

Explain FIVE key elements of an effective counselling session for individuals with disabilities.

(10 Marks)

12. **a)** Discuss FIVE strategies for effective counselling of individuals with special needs and disabilities. (10 Marks)

**b)** Explain FIVE challenges counsellors face when working with individuals with disabilities. (10 Marks)

13. **a)** Describe FIVE counselling techniques suitable for individuals with special needs. (10 Marks)

**b)** An employee with a physical disability is experiencing workplace discrimination and mental distress. As a counsellor, discuss FIVE strategies to support the employee in coping and advocating for inclusive workplace policies. (10 Marks)

14. **a)** Discuss FIVE benefits of special needs and disability counselling to individuals and their families. (10 Marks)

**b)** Explain FIVE legal and ethical issues in special needs and disability counselling. (10 Marks)