



**PAN AFRICA CHRISTIAN UNIVERSITY**  
**SCHOOL OF HUMANITIES AND SOCIAL SCIENCES**  
**END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS**  
**IN COUNSELLING PSYCHOLOGY**  
**JAN-APRIL 2023 SEMESTER (END OF SEMESTER EXAM)**  
**CAMPUS: ONLINE**  
**DEPARTMENT: PSYCHOLOGY**  
**COURSE CODE: COU 3233**  
**COURSE TITLE: GROUP COUNSELLING**  
**EXAM DATE: AUGUST 2023**  
**DURATION:3 HOURS**  
**TIME: 2-5 pm**

**SECTION A. ( Compulsory, 20 Marks)**

**Question one.**

Group interaction within a client centered framework.

*MARY: I just want to scream, I am so frustrated! I don't get it!*

*STEVEN: I sensed you boiling in your seat for a while now. If you want to scream, that's OK.*

*MELISSA: Yeah, I mean, maybe if you let your anger out, you would learn more about it. I would feel closer to you too. I'm not sure if closer is what you want, though.*

*MARY: It took a lot for me just to admit that I was frustrated. I was really scared you all would laugh at me or kick me out of the group. Expressing anger is new for me, but it is a part*

*of me. Thanks for accepting that part of me.*

*WAYNE: I think what Melissa is saying is that if you open up, you might find your role in the group.*

*GROUP LEADER: I sense that the whole group has experienced a little bit of the genuine Mary.*

- a) I Identify **any two** core conditions in the above group interaction. ( 2 marks)
  - i) Discuss the usefulness of the conditions you have identified in person centered group counselling. (4 marks)
  - ii) From a person-centered group perspective explain in **two ways** why the group leader comes in last in the above group interaction. (4 marks)
- b) Using **two** examples differentiate homogenous from heterogeneous groups. ( 4 marks)
- c) Discuss **any two** challenges a group leader may face with an involuntary client in their group. ( 4 marks)

#### **SECTION B (Answer any two questions)**

##### **Question two**

- a) Critically analyze **any three** advantages of group counselling. (6 marks)
- b) Discuss **any two** challenges that may be encountered in group counselling. (4 marks)

##### **Question three**

- a) Explain in **two ways** why accurate empathic listening is important while facilitating a group. ( 4 marks )
- b) Critically analyse **any three** personal characteristics that are vital for the effectiveness of group leading. (6 marks)

##### **Question four**

- a) Discuss **any two** tasks that a group leader needs to address during termination stage of a group process. (4 marks)
- b) Explain **any two** skills that a group leader can use in facilitating a group. (4 marks)

**Question five**

- a) Discuss **any three** practical concerns in the formation of a group. (6 marks)
- b) Explain in **two ways** why a counselling group should have 5-8 members.(4 marks)