



PAN AFRICA CHRISTIAN UNIVERSITY

END OF TERM EXAMINATION (MAY TO AUGUST 2020)

CAMPUS: VALLEY ROAD

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE CCOU 0220

COURSE TITLE: INTRODUCTION TO CRISIS COUNSELLING

EXAM DATE: 20th AUGUST 2020

TIME: TWO (2) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Write your student number on the answer booklet provided.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other TWO questions FROM SECTION TWO from the choices provided.**

SECTION ONE - COMPULSORY QUESTION

QUESTION 1

- a. Outline any five recent crisis situations in Kenya in which Counseling interventions have been used (10 marks)

- b. You have been approached to offer psychological support to three employees of a popular Television Station who have contracted the Corona Virus. Analyze five psychological interventions that you can utilize to counsel them (10 marks)

SECTION TWO: ANSWER ANY TWO QUESTIONS FROM THIS SECTION

QUESTION 2

You have been contracted by the County Government of Kisumu to offer crisis counseling services to residents of Ahero village following its order for their Evacuation on account of impending flooding. Describe five aspects that you would incorporate in your intervention (10 marks)

QUESTION 3

Discuss five Principles of Crisis Counseling. (10 marks)

QUESTION 4

- a. Define Crisis Counseling (4 marks)

- b. Analyze three crisis intervention methods that the Government of Kenya has put in place to deal with the COVID 19 crisis (6 marks)

QUESTION 5

Explain the five Common Elements of Crisis Counseling (10 marks)