



COURSE TITLE: SPIRITUAL AND THEOLOGICAL ISSUES IN MFT: MFT 602

EXAM DATE: APRIL 2025

DURATION: 3 HOURS

TIME: 1800-2100

INSTRUCTIONS

LECTURER: DR. AMOS KEYA ALUMADA

Read the instructions and questions carefully before you write the answers.

This Exam has **TWO SECTIONS**

SECTION A is Compulsory.

Answer any **TWO** Questions in **SECTION B**

PART I – Question one is compulsory (20 Marks)

Question 1

- a) In **one paragraph**, reflect on how this course has impacted your overall assessment process.(2 Marks).
- b) In **three paragraphs**, justify how self-forgiveness is key to working with partners presenting with infidelity from a systemic perspective (6 Marks).

The Fall Genesis 3: 1-13

Now the serpent was more crafty than any of the wild animals the LORD God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden?’”² The woman said to the serpent, “We may eat fruit from the trees in the garden,³ but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it, or you will die.’”⁴ “You will not certainly die,” the serpent said to the woman.⁵ “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

⁶ When the woman saw that the fruit of the tree was good for food and pleasing to the eye, and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband, who was with her, and he ate it. ⁷ Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves.

⁸ Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. ⁹ But the LORD God called to the man, “Where are you?”

¹⁰ He answered, “I heard you in the garden, and I was afraid because I was naked; so I hid.” ¹¹ And he said, “Who told you that you were naked? Have you eaten from the tree that I commanded you not to eat from?” ¹² The man said, “The woman you put here with me—she gave me some fruit from the tree, and I ate it.” ¹³ Then the LORD God said to the woman, “What is this you have done?” The woman said, “The serpent deceived me, and I ate.”

From the Scripture above,

- c) Describe three issues that Adam is likely to present to you as a couple therapist. (6 Marks)
- d) Explore three interventions from Structural Family Therapy you might use to help Adam and Eve to deal with the presenting issues. (6 Marks)

PART II - Answer any two questions in Part II. Each question carries 10 Marks

Question 2

(10 Marks

- a) Explore **two ways** that demonstrate the congruence of spirituality and postmodernism. (4 Marks).
- b) Critique three components that emerge from the definition of self-forgiveness that provide us with a useful frame for examining the psychological and empirical literature of self-forgiveness (6 Marks)

Question 3

- a) In **two paragraphs**, use relevant examples to contrast applying forgiveness from growing in forgiveness. (4 Marks)
- b) Analyze **three ways** why you would integrate the Biopsychosocial model while working with spiritually inclined clients (6 Marks).

Question 4

- a) Explain two importance of upholding moral/ethical values when dealing with spiritual issues as an MFT therapist. (4 Marks)
- b) Demonstrate three clinical competencies in the assessment of personal and or family spiritual resources. (6 Marks)

Question 5

- a) In **two ways**, contrast with relevant examples, decision from emotional forgiveness. (4 Marks)
- b) Critique three components that emerge from the definition of self-forgiveness that provide us with a useful frame for examining the psychological and empirical literature of self-forgiveness (6 Marks)