



PAN AFRICAN CHRISTIAN UNIVERSITY

DEPARTMENT OF PSYCHOLOGY

SPIRITUAL AND THEOLOGICAL RESOURCES (MFT- 602)

FINAL EXAMINATION – ONLINE

EXAM DATE: DEC 9TH 2020

DURATION: (3) HOURS

TIME: 2.30-5.30

LECTURER - DR. ANNE WAMBUGU

Instructions: Question **ONE** is **Compulsory**. Answer any other **THREE** questions from the choices provided.

Time: 2 Hours

1. The Kayonde's come to you for therapy as a Christian family. After their narration, you find that they have been deeply offended by past experiences and relationships in religious contexts. Their pastor "counselor" who focused on curses failed to help. The legacy of their religious community is characterized by domination, excessive constraints, rigid belief systems, and harmful abuse and rejection. Even then, the couple finds it so hard to leave their religious community while the children decide otherwise.
 - a) Determine (a paragraph) the value of exploring the past life of the couple above. **(2 Marks)**
 - b) Articulate **THREE** ways of assessment the case at hand. **(6 Marks)**
 - c) Determine the theoretical approach you would use and in **THREE** ways support your choice of the theory. **(6Marks)**
 - d) Demonstrate in **TWO** ways; the way forward of your clients' spirituality. **(5Marks)**

2.
 - a) Discuss **TWO** reasons to why the therapists neglected the issues of spirituality and religion in family therapy in the centuries past. **(5 Marks)**

 - b) Articulate **TWO** reasons the need to use clients' spiritual resources in therapy. **(5Marks)**

3.
 - a) Articulate **TWO** assumptions of spiritual approach to therapy when dealing with a family or an individual. **(5Marks)**
 - b) Deliberate in **TWO** ways the importance of exploring clients' ethnicity when dealing with spiritual and religious issues. **(5Marks)**

4. Discuss and illustrate in **TWO** ways each:
 - a) "Forgiveness is hard work." **(5Marks)**

 - b) "Forgiveness and forget. " **(5Marks)**

5.
 - a). Demonstrate in **TWO** ways the importance of considering ethical issues in spirituality and theological integration. **(5 Marks)**

 - b) Explain **TWO** aspects of your support for integration of spirituality and psychology in family therapy. **(5 Marks)**

HAVE A MERRY CHRISTMAS AND BLESSED HOPES 2021!

