



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR MASTER OF ARTS IN MARRIAGE AND
FAMILY THERAPY
MAY- AUGUST 2025**

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MFT 600

COURSE TITLE: MULTICULTURAL ISSUES IN MFT

EXAM DATE:

TIME:

INSTRUCTIONS

- Read all questions carefully before answering.
- Write your **student number** on the space provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – Answer all Questions (20 marks)

QUESTION ONE

A) Giving a relevant example for each, describe your understanding of the following terms as used in multiculturalism.

- i) Culture. (3 marks)
- ii) Worldview. (3marks)

B) Religion and spirituality though different constructs, are often used as synonyms. Examine this statement, clearly distinguishing between the two terms. (4 marks)

C) As a therapist in training, discuss two reasons why it is important for you to study multiculturalism. (4 marks)

D) Naipei a young girl from the Maasai community recently relocated to Nairobi for her undergraduate studies. In the big city, Naipei has to share accommodation with Felicia a self proclaimed city girl. Naipei has come to you for therapy with two issues. She feels guilty because she now has to make her own decisions without consulting with her parents and extended family as she has always done and she is upset about Felicia lifestyle. She complains that Felicia is too 'loose' in the way she dresses, spends, eats and in everything else. While Naipei would want some level of preparedness regarding the future and plans accordingly, Felicia lives one day at a time and cares nothing about tomorrow. This has left Naipei feeling alienated and disoriented. Analyze three multicultural dimensions that informs Naipei's concerns. (6 marks).

SECTION B: Answer any two questions (20 marks)

QUESTION TWO

a) The historical development of multiculturalism closed with two schools of thought. Justify why you would agree with one thought and reject the other. (4marks)

b) Discuss how any three aspects of the respectful model would inform client issues in therapy. (6marks)

QUESTION THREE

Dama, a Muslim woman from the Coast of Kenya recently got a job in Kiambu County. She comes to you for therapy because she has difficulty adjusting in her new work place. She expresses concerns about being discriminated against because of her faith and dressing.

- a) Discuss two multicultural therapy guidelines that you would use to assure Dama of her safety in therapy. (4 marks)
- b) Demonstrate any three multicultural competencies you would use to work with Dama. (6 marks)

QUESTION FOUR

- a) As a practicing therapist, examine any two lenses through which you would view multicultural therapy. (4 marks)
- b) Articulate any three ethical guidelines that you would consider as you work with clients from multiple cultures. (6 marks)

QUESTION FIVE

Cynthia a Kenyan lady migrated to the USA on a green card. While there, she met Byron an American man and they are planning to get married. They are scheduled to visit Byron's family and later travel to Kenya to see Cynthia's family.

- a) Discuss any two multicultural issues that this couple may have to deal with. (4 marks)
- b) Analyze any three multicultural skills that you would use to work with this couple. (6 marks)

