



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS COUNSELLING PSYCHOLOGY
MAY- AUGUST 2023
DEPARTMENT: PSYCHOLOGY
COURSE CODE: COU3122
COURSE TITLE: CLINICAL SUPERVISION II
EXAM DATE: TUESDAY 1ST AUGUST, 2023
TIME: 1730- 1930

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This question paper has FIVE questions. Answer **QUESTION ONE** and any other **TWO** questions from section B.
- TIME: 2 HRS
- Write clearly and legibly
- ALL PAC University's examination rules and regulations apply

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1 20 marks: Read the case study below and answer the questions that follows

Family Background

Frashia is the last born in a family of 4. She is 17 years old and in form one. Her mother is a casual worker while her dad died when she was 1 week old. The rest of her siblings are working.

Frashia said that she has become a nuisance to her mother and sometimes was very rude to her, lately she has been exhibiting pattern of hostility, disobedient, and wicked behaviour. Frashia disclosed that she no longer obeys any authority ranging from home to school. She instead goes to stay with her friends in the streets and brag that she has overpowered her mother.

Frashia also mentioned that she did not like being in her family as they were poor and she really admired other children who had better clothing. This led her to stealing so as to buy the desired clothes. She highly regrets her behaviour. On probing further, Frashia confessed of being hot tempered and very irritable. This behaviour prompted her mother to report her to the police as she could not listen to any person at all. Frashia desires to relate well with her mother.

- a) Identify the condition affecting Frashia. (2 Marks)
- b) Discuss any three causes of the condition identified above. (6 Marks)
- c) Explain any two issues you conceptualize as the main themes in Frashia condition. (4 Marks)
- d) Describe at least two therapeutic clinical goals. (2 marks)
- e) Discuss two theoretical models you would apply to treat Frashia's condition. (4 Marks)
- f) Demonstrate any two biblical teachings that would be of help to Frashia as a believer. (2 Marks)

SECTION B: Answer any TWO questions (20 MARKS)

QUESTION 2

Describe the impact of the following skills to the quality of the therapeutic process:

- a) Reflections. (2 marks)
- b) Challenging. (2 marks)
- c) Focusing. (2 marks)
- d) Summarizing. (2 marks)
- e) Self-disclosure. (2 marks)

QUESTION 3

Explain

- a) Explain **two** roles of clinical goals in guiding an effective counselling process. (4 marks)
- b) Discuss **three roles** of theoretical models in the counselling process. (6 marks).

QUESTION 4

A) Describe **two** elements that informs the following stages in a therapy session:

- a) Joining (4 marks)
- b) Conceptualization (4 marks)

B) Highlight one way you can deal with Counsellors' unfinished business that may interfere in therapy. (2 marks)

QUESTION 5

A) Highlight the role of the following in assessment

- i) In-depth history taking. (2marks)
- ii) Observation of behaviour in session. (2 marks)

B) Discuss three roles of psychological testing in client assessment. (6 marks)