PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY

JANUARY – APRIL 2018 SEMESTER

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3233

COURSE TITLE: GROUP COUNSELING

EXAM DATE: MONDAY 9TH APRIL 2018

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **THREE** questions
- Question **one** carries **30** marks
- Question 2-5 carry **10** marks each

QUESTION ONE: COMPULSORY (30 MARKS)

(a) Define the following terms:

(i) Group counseling. 2 marks
(ii) Professional ethics. 2marks

(b) Describe any three activities a group leader should undertake in pre-group planning (6 marks)

(c) You are a school counselor at Kamagambo School which is located in North Eastern Kenya. The students in this school whose age vary between 4 to 17 years have suffered a lot of trauma. Some have lost their parents in cattle rustling episodes; others have seen their friends killed.

(i) Explain how you would constitute counseling groups taking into account; member selection, group composition and physical structure in the pre planning stage.
6marks
(ii) Describe what happens in the forming stage of group counseling. 6marks.
(d) Discuss any two ethical issues that ought to be observed in group counseling (6 marks)

(e) Briefly explain two advantages of group counseling 4marks

QUESITION TWO

(a) Describe a Christian theological understanding of group counseling

5marks

(b) (i)Identify any three professional issues that a counselor should uphold during group counseling 3marks

(ii) Outline any two aims of group counseling. 2marks

QUESTION THREE

(a) Describe the actives of the working stage of group counseling. 5marks.

(b) Discuss any three forms of resistance that the children in the counseling groups can exhibit.3marks

(c) Outline any two aims of group counseling 2 marks

QUESTION FOUR

(a) Explain the role of group counselor during the group process 5marks

(b)Describe the activities of the termination stage. 5marks

QUESTION 5

(a) Highlighting your personal areas of growth, explain how the course unit of group counseling has influenced you. 6marks

(b)Explain any two advantages of group counseling. 4 marks