PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COUSELLING PSYCHOLOGY

SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4232

COURSE TITLE: CLINICAL SUPERVISION III

EXAM DATE: WEDNESDAY 4TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Write your **student number** on the answer booklet provided.
- Read the questions carefully before attempting.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer ALL **questions in Section I** and **Any other three (3)** questions from **Section II**
- *ALL PAC University's examination rules and regulations apply*

SECTION I: COMPULSORY 30Marks

Question one

a.Explain the purpose of following ;

i. Externalizing technique (**2mks)**
ii. Exploration stage in the counseling process (**2mks)**
iii. Deconstructing (**2mks)**

b. Outline what theoretical integration Approach to counseling is. (**4mks)**

c. Discuss three factors that helps in preventing assault and aggression in therapy. **(6mks)**

Read the following case study and answer the questions that follow

At an urban high school in the city, the grade 12 teacher was leaving his office after school when he heard two people screaming and shouting. He went to see what the commotion was all about and he witnessed an Asian mother hitting a young black female with an umbrella. The teacher immediately stopped the woman from hitting the student and escorted them to the counseling office within the school.
Mrs. Tobias, the school counselor listened to the long discussion from the mother and student. The older woman was the mother of the student. She was a single mother of 45 year and Nate was her first born child with a very promising future. They also attend The Bible National Church and they are very committed. The mother beliefs that the daughter should do a church wedding. She was upset because the daughter had told the mother that she was studying at the school library and that was why she was arriving home late for the past several nights. Today the mother came to the school to make sure her daughter was really studying. Upon arriving to the school the mother found her daughter holding hands with the boy. The mother began hitting her daughter for lying. The parent's rule was that she was not to have a boyfriend until she was ready to marry.

i. Examine two biases in the clients' worldview of their problems presented (**4mks).**
ii. Explain two counseling techniques the counselor would use (**4mks).**
iii. Analyze the Treatment plan the counselor would use to intervene for the presenting issues in the above case. **(6mks).**

SECTION II: SELECT THREE QUESTIONS

Question Two

a. Examine any two current social issues that may be addressed in counseling using Narrative therapy approach. **(4mks)**

b.Describe three contents included in the informed consent form in counseling.(**6mks)**

Question Three

a. Analyse four responsibilities of a supervisee in clinical supervision. (**4mks**)

b.Explain three common factors of integration approach in the counseling process. (**6mks)**

c. List down two mind skills used in cognitive therapies **(2mks)**

Question Four

a..Explain the difference between personal theoretical orientation and integrative therapy (**4mks)**

b.Discuss three ways a counselor would Prevention of Violence in a counseling session.(**6mks)**

Question Five

a.Explain two ways of Responding to Assault in a counseling session.

b. Explain two presenting symptoms of a Narcissistic Personality disorder **4mks**

Question Six

a. Analyze two situational and two motivational conditions that contributes to assault in a counseling session **4mks**

b. Establish three importance of the following in counseling;

i. Spiritual integration**2mks**
ii. Informed consent **2mks**
iii. confidentiality **2mks**