



**PAN AFRICA CHRISTIAN UNIVERSITY**

**END OF SEMESTER EXAMINATION FOR CERTIFICATE IN CAREER  
COUNSELING**

**JANUARY-APRIL 2024**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: CCOU 0116**

**COURSE TITLE: INTRODUCTION TO CAREER COUNSELLING**

**EXAM DATE:**

**TIME:**

**INSTRUCTIONS**

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.

Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

**SECTION A – Answer all Questions (20 marks)**

**QUESTION ONE**

**QUESTION ONE**

- a) Explain remote work and globalization. (2 marks).
- b) Explain any two purposes of career counselling. (2 marks)
- c) Discuss two benefits of having cultural sensitivity as a career counselor. (4 marks).
- d)
  - i. Describe Self Awareness (3)
  - ii. Explain three benefits of being self aware in the work place. (3 marks)

**Read the following story of a lady who went in for a job interview for the position of Human Resource Assistant. Answer the questions below.**

**Lady:** (She opens the *interviewer's office door and bursts into the room shouting a greeting. She is unkempt hair which she told the interviewer she was unable to attend to before the interview. She intimated she was sure hair can never determine the results of an interview*).

Sorry, I'm late but I have a good reason for being late. I got lost on my way here and quite frankly this place is so difficult to find, you know.

**Interviewer:** Come right in and take a seat.

**Lady:** (*Sits down in silence and takes out a chewing gum which she puts in the mouth and starts chewing. She puts her handbag and documents on the interviewer's table*). Wow, your offices are so difficult to locate but at least they look quite presentable. I love this chair – it is so comfortable.

**Interviewer:** Thank you. The address on your application letter indicates you are from Moyale. Is that right?

**Lady:** Oh yes of course. That's my home!

**Interviewer:** How is Moyale?

**Lady:** So dry and boring! It is actually terrible. In fact, that is why I am looking for a job here in Nairobi. I want to come and have fun in the city. I am sure companies in Nairobi pay well and the hours of work are more flexible than those in Moyale - right?

**Interviewer:** Let us talk about your qualifications before we go into that. May I have your CV...

**Lady** (*laughing mischievously*): Quite impressive, isn't it? I knew you would be impressed by my CV. Few people's CVs could match mine!

**Interviewer:** (*looking at the lady intently, the interviewer calmly said*) The interview is over. Thank you for coming. (*Bids her good bye with a handshake*).

**Lady:** Standing to leave and shaking the interviewers hand vigorously). See you. I enjoyed the interview.

- e) State 6 reasons why the lady is unlikely to get the job. (6 marks)

**SECTION B: Answer any two (20 marks)**

**QUESTION TWO**

- a) Discuss three personality types according to Holland. (6 marks)
- b) Explain two benefits of Emotional Intelligence using examples. (4 marks)

**QUESTION THREE**

- a) Analyze two objectives of Career Counseling. (4 marks)
- b) Discuss three ways technology has impacted the way people work today. (6 marks)

**QUESTION FOUR**

- a) Analyze two job keeping strategies that may help a career counseling client. (4 marks)
- b) Discuss giving examples three industries that have undergone significance transformation due to technological advancements. (6 marks)

**QUESTION FIVE**

- a) Explain two dangers in an organization where employee wellness is not taken care of. (4 marks)
- b) Discuss three ways the Gig Economy has impacted the world of work today (6 marks).