



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR CERTIFICATE IN
COUNSELING PSYCHOLOGY
SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: CCOU0114

COURSE TITLE: INTRODUCTION TO COUNSELING PSYCHOLOGY

EXAM DATE: TUESDAY 10TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other three (3)** questions
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (30 MARKS)

QUESTION 1

- a) Define the following terms:
- i) Counseling (2 Marks)
 - ii) Transference (2 Marks)
 - iii) Counter transference (2 Marks)
 - iv) Ethics (2 Marks)
- b) Describe any two Goals of Counseling (4 Marks)
- c) Explain any three types of counseling skills (6 Marks)
- d) Describe any two reasons for referring a client (4 Marks)
- e) Discuss any four basic qualities of an effective counselor (8 Marks)

SECTION B: Answer any THREE questions from this section (30 MARKS)

QUESTION 2

- a) Identify any three ways by which people were counseled using African traditional methods (6 Marks)
- b) Differentiate between individual and group counseling (4 Marks)

QUESTION 3

- a) Discuss any two roles of a counselor in a therapeutic relationship (4 Marks)
- b) Discuss any three reasons for ‘terminating counseling’ (6 Marks)

QUESTION 4

- a) Discuss any three Ethical and professional issues in counseling (6 Marks)
- b) Discuss any two ‘non helpful’ behaviours as practiced by a counselor during counseling session (4 Marks)

QUESTION 5

- a) Demonstrate any three ways through which a counselor can build a counseling relationship with a client (6 marks)
- b) Describe any two client-therapist relationship as outlined by Carl Rodgers (4 Marks)

QUESTION 6

- a) Describe any three steps of counseling process (6 Marks)
- b) Outline any four principles of ethics (4 Marks)

