



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU3323

COURSE TITLE: MULTI CULTURAL COUNSELING

EXAM DATE: MONDAY 9TH APRIL 2018

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **30** marks
- Question 2-5 carry **15** marks each

QUESTION ONE: COMPULSORY (30 Marks)

- a) Analyze **five** qualities of a multicultural counselor. (5 marks)
- b) Discuss any **five** diversities that cause discrimination. (5 marks)
- c) Describe any **three** types of abuse among children and their effects. (6 marks)
- d) Explore **four** key sources of knowledge in a cross cultural psychology (8 marks)
- e) Describe **three** counseling issues common among the aged. (6 marks)

QUESTION TWO

- a) Discuss **three** causes and effects of migration and relocation. (3 marks)
- b) Analyze with examples **three** types of micro aggressions. (6 marks)
- c) Describe **three** Biblical characters who were victims of micro aggression. (6 marks)

QUESTION THREE

- a) Discuss the **three** cultural competency paradigms you can use to enhance your functioning as a multicultural therapist (9 marks)
- b) Describe **three** ways your awareness of privilege and power can be increased. (6 marks)

QUESTION FOUR

- a) Describe **five** factors that influence health seeking behavior. (5 marks).
- b) Analyze **five** ethical considerations in multicultural counseling. (5 marks)
- c) Explore **five** barriers to mental health delivery in Kenya. (5 marks)

QUESTION FIVE

- a) Using relevant examples, discuss **five** different types of gender orientations. (10 marks)
- b) Describe two things a multicultural therapist must do to ensure that bias will not interfere with his/her work (5 marks)