



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: COU4333

COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY

EXAM DATE: WEDNESDAY 7th AUGUST 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **Answer Question 1 and any other THREE in section B**
- *ALL PAC University's examination rules and regulations apply*

QUESTION ONE: Compulsory

- a) Explore one reason for anxieties around sexual language in therapy. (2mks).
- b) Briefly discuss two functions of sex apart from pleasure and reproduction. (4mks).
- c) Defend the statement ‘Sexuality is more about who we are than about what we do.’(6mks)
- d) Explain either the male or the female sexual response cycle by Masters and Johnson. (8mks)

E. The case of Sue

The parents of Sue (8yrs) came for therapy because they were worried about Sue being over-sexualized. When Sue met the counselor, she let in the counselor by explaining that she had a boyfriend called Sam (14yrs), who was not aware, and she intends to marry him soon so that they can be sleeping on the same bed, get children and kiss each other regularly. Sam on his part was a secret admirer of Jane (14), a classmate but had noticed that Sue followed him around the school compound; a thing he thought was just childish behavior.

Sue also confided two things, that she had not shared this with her parents because she feared they will spunk her and she spends a lot of time watching different programs on the TV.

Answer the following questions from the case study

- a) Elaborate on any two areas you would help Sue’s parents understand about sex and sexuality in childhood in relation to the case study? (4mks).
- b) Discuss any two behavior changes in sexually abused children. (4mks)
- b) Discuss any two sexual behaviors likely to be found in Sam. (4mks)
- c) Identify two ways the school can deal with this issue assuming that there are other such cases which are either ignored or unnoticed. (2mks)
- d) Discuss any three factors on the role of the media in socializing children on sex and sexuality? (6mks)

QUESTION TWO a) Explore any three views of sex and sexuality in the New Testament. (6mks).

- (b) Discuss any two male sexual intimacy fears. (4mks).
- c) Explain the African view of sexual orientations. (4mks).
- d. Discuss Sternberg’s Triangular Theory of Love (6mks).

QUESTION THREE

- a) Relate the impact of middle age to sexuality in women. (6mks).
- b) Analyze any two characteristics of sex addiction. (4mks)
- c) Critique the sensate focus exercises as a therapeutic technique in sex therapy. (6mks).
- d) Explore the belief that the size of the penis determines the sexual partner's satisfaction in sexual relationship. (4mks).

QUESTION FOUR

- a) Discuss any two forms of treatment for premature ejaculation. (4mks).
- b) Distinguish with an example, sex aids and paraphilias. (6mks).
- c) Analyze the current debate on gender identity disorders.(6mks).
- d) Explore any two clinical techniques in the treatment of Vaginismus (4mks).

QUESTION FIVE

The satisfaction and frequency levels of sex life are primarily determined by the degree of closeness achieved.

- a) Explore the concept of "sexual readiness" (4mks).
- b) Discuss any three factors that are essential for intimacy. (6mks).
c) Explain any three stages of infidelity. (6mks).
- d) Establish the role of communication in sexual intimacy. (4mks).