



PAN AFRICA CHRISTIAN UNIVERSITY

DIPLOMA IN EARLY CHILDHOOD DEVELOPMENT EDUCATION

END OF TERM EXAMINATION

COURSE CODE: ECDE 015 – ROYSAMBU DAY

COURSE TITLE: HEALTH, NUTRITION AND CARE

EXAM DATE: FRIDAY 1ST APRIL 2016

TIME: 2.00PM -4.00PM

INSTRUCTIONS

Answers question ONE and any other TWO from section B.

Duration: 2 hrs._

Section A: Compulsory

Q1 Define the following:

- a) Food
- b) Nutrients
- c) Nutrition
- d) Health

(10Marks)

Q2 Describe two protein deficiency diseases and their effects on a growing child (10 Marks)

Section B: Answer any TWO questions

Q3 With the help of a table illustrate the three main nutrients, their sources, functions and deficiencies. (20 Marks)

Q4 Discuss four minerals learnt in this course and their importance in a diet. (20 marks)

Q5 Discuss taboos related to food consumption, from different communities. (20marks)

Q6 Explain the causes, effects and prevention of food contamination. (20 marks)



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**CERTIFICATE IN EARLY CHILDHOOD DEVELOPMENT EDUCATION
END OF TERM EXAMINATION**

COURSE CODE: ECDE 005– ROYSAMBU DAY

COURSE TITLE: CHILD HEALTH AND NUTRITION

EXAM DATE: FRIDAY 1ST APRIL 2016

TIME: 2.00PM -4.00PM

INSTRUCTIONS

Answer question ONE and any other TWO from section B

Section A: Compulsory

Q1 Define the following:

- a) Food
- b) Nutrients
- c) Nutrition
- d) Health

(20Marks)

Section B: Answer any two questions

Q2 Describe what can be done in feeding an infant to ensure proper growth and development.

(20 Marks)

Q3 With the help of a table illustrate the three main nutrients, their sources, functions and deficiencies

(20 Marks)

Q4 Discuss four minerals learnt in this course and their importance in a diet. (20 marks)

Q5 Discuss some taboos related to food consumption, from different communities. (20marks)