



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

**END OF SEMESTER EXAMINATION FOR THE MASTER OF ARTS IN COUNSELING
PSYCHOLOGY**

JAN-APRIL 2022 TRIMESTER

CAMPUS: ONLINE EXMINATION

COURSE CODE: COU 4133: GENDER STUDIES IN COUNSELING

EXAM DATE: 4th April 2022

DURATION: 3 HOURS

TIME: 11.30-2.30 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your STUDENT NUMBER in the Answer Booklet given
- This Exam has TWO SECTIONS
- **SECTION ONE** is Compulsory.
- **SECTION TWO** *Choose Any Two Questions*
- *Write clearly and legibly.*

SECTION A COMPULSORY

Question one

a) Define the following terms

- i) Gender issues
marks)

(2

ii) Gender stereotypes
(2marks)

iii) Gender identity
marks

(2

b) Identify any three areas of focus within the feminist theory
3 marks

c) Explain any three roles of counsellors in protecting gender based violence
3 marks

d) Identify any three gender factors in counselling
3 marks)

e) State any three factors why both male and female counsellor may be preferred in counselling
3marks)

f) Identify any two disorders that are common in women
2 marks

Question two

a) Demonstrate in three ways how the 2010 Kenya constitution has advocated for gender equality and equity
(6 marks)

b) Give two examples of how denial of citizenship can affect an individual's wellbeing. How would you handle this issue in therapy?
(4 marks)

Question three

a) Explain any three ways in which children learn gender differences according to Gender Schema Theory
(6 marks)

b) preferences develop, evolve and change as time passes. Discuss this statement in relation to gender preference for clients
(4 marks)

Question four

a) Using of three examples differentiate gender roles from sex roles.

(6 marks)

b) Every person has preferences for and opinions about most aspects of life including counselling and psychotherapy (Stigall, 2006). Discuss this statement in relation to importance of gender of the counsellor in counselling.

(4 marks)

Question five

a) Explain in three ways how Cultural beliefs and stereotypes about beauty may contribute to gender-related problems.

(6 marks)

b) Discuss any two ways why clients may prefer female counsellors

(4 marks)