



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEP-DEC 2020 SEMESTER (END OF SEMESTER EXAM)

**CAMPUS: ONLINE
DEPARTMENT: PSYCHOLOGY
COURSE CODE: COU 4333
COURSE TITLE: INTRODUCTION TO HUMAN SEXUALITY
EXAM DATE: 17th DEC 2020
DURATION: 3 HOURS
TIME: THUR 6-9 PM**

INSTRUCTIONS

Read the instructions and questions carefully before you write the answers.

- Write your **STUDENT NUMBER** in the Answer Booklet given
- This Exam has **TWO SECTIONS**
- **SECTION A** is Compulsory.
- Answer **THREE** questions in **SECTION B**
- *Write clearly and legibly.*

– SECTION A (Compulsory-10 marks)

Question one

“Sex therapists usually assign “homework”—practical activities that clients are expected to complete in the privacy of their own home”.

- a) Discuss any two practical activities that may be assigned by a sex therapist (4 marks)

“A male counselor was attracted to a female client. He knew she was in crisis and offered to meet her in a restaurant to provide professional support. Having just gone through a nasty divorce where her ex-husband had numerous affairs, she was in a vulnerable position. She talked about feeling unlovable and unattractive. The counselor placed his arm around her shoulder to comfort her and offered to follow her home to check on her safety. He offered nurture and support, and from there they slipped into a sexual situation.”

- b) Explain any two ways in which the counselor violated counselling ethics in the case above (4 marks)
- c) Discuss any two ways in which the counsellor would have dealt with the above situation from an ethical point of view (2 marks)

SECTION B (Answer any three questions)

Question two

The case of Nandia

Nadia’s first serious boyfriend in high school always wears Erotik cologne when they go out. As they advance in their sexual intimacy, they have many pleasant times, where he strokes her thighs and other sexually responsive parts of her body and she feels highly aroused, always with the aroma of Erotik in her nostrils. One day she enters an elevator full of strangers in her office building and someone is wearing Erotik. Nadia instantly feels sexually aroused, although she is not engaged in any sexual activity.

- a) Explain what makes Nandia to be sexually aroused according to learning theory of sexuality (5 marks)

- b) A man continues to have unprotected sex yet he has had gonorrhoea three times. Explain the delayed principle explanation to the above statement (5 marks)

Question three

- a) Discuss the importance of the id, ego and super ego in influencing human sexual behavior (6 marks)
- b) Describe any two psychosexual stages according to Sigmund Freud and show their influence in sexual behavior (4 marks)

Question four

- a) A man fails to get an erection during sexual activity. From a cognitive theory of sexuality, explain any two ways in which the man's thinking process could influence his behavior (4 marks)
- b) Explain any three ways in which theories of sexuality are important in understanding human sexual behavior (6 marks)

Question five

- a) Discuss any three ways in which a counsellor can deal with sexual feelings in therapy (6 marks)
- b) Discuss any two ethical dilemmas you may encounter in sexuality counselling (4 marks).