PAN AFRICA CHRISTIAN UNIVERSITY

END OF SEMESTER EXAMINATION FOR THE DEGREE OF BACHELOR OF ARTS IN COUNSELING

JANUARY-APRIL 2017

CAMPUS: VALLEY ROAD

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU4232

COURSE TITLE: Clinical Supervision III

EXAM DATE: WEDNESDAY 5th APRIL 2017

TIME: 9.00AM – 12.00PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

SECTION A – ANSWER ALL THE QUESTIONS (30 marks)

QUESTION 1

A. Define the following terms:

i. Career Counseling 2 marks

ii. Delusional Disorder 2 marks

iii. Schizophrenia Disorder 2 marks

iv. Obsessive Compulsive Disorder 2 marks

v. Post-traumatic Stress Disorder 2 marks

B. Identify two ways that one can support the Mentally Ill. 4 marks

C. Suggest three areas of client management in sexual addiction. 6 marks

D. Describe two societal perceptions about battered and abused men. 4 marks

E. Discuss briefly three areas that can be found on the Power Control Wheel. 6 marks

SECTION B – CHOOSE ANY TWO QUESTIONS (30 marks)

QUESTION 2 (15 marks)

i. Identify one criticism why some scholars are opposed to the integration of psychology and theology. 2 marks

ii. Summarize two areas that spirituality can offer in a therapy session 4 marks

iii. According to Carl Roger's Person-Centred Theory identify three concepts understood by him through the Book of Obadiah. 9 marks

QUESTION 3 (15 marks)

i. Describe one practical way that you can de-escalate a hostile situation and defending oneself from an attack. 3 marks

ii. Identify two guidelines counselors can maintain for their safety. 4 marks

iii. Discuss four ways a client may be motivated during therapy. 8 marks

QUESTION 4 (15 marks)

i. Show three dimensions that would minimize a client's vulnerabilities and enhance resilience. 6 marks

ii. Discuss three components that may cause ethical mishaps for a counselor. 9 marks

QUESTION 5 (15 marks)

Sharon, a 15-year-old girl, was brought to the office by her mother. Her mother explained that Sharon was suspended from school for assaulting a teacher and needed a "doctor's evaluation" before she could return to class. The history reveals that this is Sharon's 10th school suspension during the past three years. She has previously been suspended for fighting, carrying a knife to school, smoking marijuana and stealing money from other students' lockers. When asked about her behaviour at home, Sharon reports that her mother frequently "gets on my nerves" and, at those times, Sharon leaves the house for several days. The family history indicates that Sharon's father was incarcerated for auto theft and assault. Sharon's mother frequently leaves Sharon and her eight-year-old brother unsupervised overnight.

i. Give a diagnosis of Sharon's disorder. 2 marks

ii. Which two interview questions would you use in assessing Sharon's disorder from your diagnosis above? 4 marks

iii. Identify and summarize 4 symptoms of the disorder you have assessed in Sharon. 8 marks