



**PAN AFRICA CHRISTIAN UNIVERSITY  
SCHOOL OF HUMAN AND SOCIAL SCIENCES**

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF  
MASTER OF ARTS IN MARRIAGE AND FAMILY THERAPY**

**SEPTEMBER – DECEMBER 2017**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: COUNSELING PSYCHOLOGY**

**COURSE CODE: MFT602**

**COURSE TITLE: SPIRITUAL AND THEOLOGICAL RESOURCES IN COUNSELLING**

**EXAM DATE: FRIDAY 8<sup>th</sup> DECEMBER 2017**

**TIME: 2.00PM-5.00PM**

**INSTRUCTIONS**

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- **Answer question one and any other two**

### Question one

- a) Distinguish spiritual life maps from spiritual histories (4 marks)
  - b) Outline any four (4) steps of forgiveness.(8 marks)
  - c) Discuss any four (4) steps in community reconciliation. (8 marks)
  - d) Discuss any three (3) factors that led to integration of spirituality into counselling. (6marks)
- a) Differentiate decisional from emotional forgiveness. (4 marks)

### Question Two

- a) Examine any five (5) guidelines for using explicit strategies as spiritual resources in therapy (5 marks)
- b) Identify any three (3) spiritual rituals and explain their purposes and roles in the life of a client (6 marks)
- c) Discuss any two (2) risks of using prayer in therapy. (4 marks)

### Question 3

- a) Explain any three (3) contexts for assessing spirituality and religion in therapy (9 marks)
- b) Identify and explain any three(3) purposes of assessment of spiritual and theological resources of clients (6 marks)

### Question Four

- a) Evaluate any three (3) ethical issues that a therapist may take into consideration while integrating spiritual resources in counselling. (9 marks)

***Dr. Tonny treats a family who maintains very conservative religious beliefs in the Scientology Church. The parents refuse to engage medical professionals to treat their child suffering from Type I diabetes. Doctors believe that the child can easily live a normal life span with medical intervention, but will likely die rather soon without it. The psychologist became involved after the school referred the child for an Attention Deficit Hyperactivity Disorder evaluation due to classroom-management issues.***

- b) As a therapist what issues would this family deal with in therapy and what interventions would you suggest. (6 marks)

### Question Five

- a) Discuss five (5) reasons why it is necessary to practice the art of forgiveness (10 marks)
- e) Everyone says 'Forgiveness is a lovely idea until they have something to forgive' (Lewis C.S). Demonstrate at least three situations where the above statement can be applicable. (5 marks)