



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELLING PSYCHOLOGY**

MAY – AUGUST 2021

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD 103

COURSE TITLE: PSYCHODYNAMICS THEORIES

EXAM DATE: 6TH AUGUST 2021

TIME: 8:00AM – 11:00AM

INSTRUCTIONS:

- Read the instructions and questions carefully before you start the examination.
- This exam has SIX questions. Answer **QUESTION ONE** and any other **THREE** questions from section B.
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (10 MARKS)

QUESTION 1

- a) Explain the term Psychodynamics. (2 marks)
- b) Describe any TWO basic nature of human beings according to Freud. (4 marks)
- c) Analyze any TWO life style types according to Adler. (4 marks)

SECTION B: Answer any THREE questions from this section 10 Marks each.

QUESTION 2

- a) Using examples explain any TWO defense mechanisms. (4 marks)
- b) Explain THREE archetypes according to Carl Jung. (6 marks)

QUESTION 3

- a) Differentiate between the 1st stage and the 2nd stage of Psychosocial Theory by Erik Erikson. (4 marks)
- b) Discuss any THREE characteristics of a self-actualized person from a Christian perspective. (6 marks)

QUESTION 4

- a) Analyze how one can strive for superiority according to Adler. (4 marks)
- b) Describe any THREE concepts of inter psychic theory by Harry Sullivan. (6 marks)

QUESTION 5

- a) Explain any TWO ways in which one can protect themselves against anxiety according to Karen Horney. (4 marks)
- b) Analyze THREE personality disorders as highlighted by Erich Fromm. (6 marks)

QUESTION 6

- a) Explain how anxiety is a threat to the ego. (4 marks)
- b) Describe the following stages of personality development according to Carl Jung:
 - i) Childhood. (2 marks)
 - ii) Youth. (2 marks)
 - iii) Middle life. (2 marks)