

PAN AFRICA CHRISTIAN UNIVERSITY
END OF TERM EXAMINATION (JANUARY TO APRIL 2021)
CAMPUS: ROYSAMBU
DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: MFT 505
COURSE TITLE: PSYCHOPATHOLOGY AND FAMILY

EXAM DATE: 13th APRIL 2021
TIME: 6.00 PM – 9.00 PM Three (3) HOURS

INSTRUCTIONS

- **Read all questions carefully before attempting.**
- **Question ONE IN SECTION ONE is Compulsory.**
- **Answer any other TWO questions FROM SECTION TWO**

SECTION ONE - COMPULSORY QUESTION (20 Marks)

QUESTION 1

- a) Explain family dynamics (2marks)
- b) Describe family Cohesion (3 marks)
- c) Outline any three features that define psychotic disorders such as schizophrenia(3 marks)
- d) Explain any four symptoms of Depression (4 marks)
- e) Outline the four parenting styles (4 marks)
- f) Explain the criteria for defining abnormal psychology (4 marks)

SECTION TWO: ANSWER ANY OTHER TWO QUESTIONS FROM THIS SECTION

QUESTION 2

- a) Describe two ways in which role conflict between parents and adolescents can lead to adolescent aggression (4 marks)
- b) Discuss any 6 items/elements of a clinical interview (6 marks)

QUESTION 3

- a) Explain two factors that may contribute to sexual problems among couples (4 marks)
- b) Discuss how the following Psychological factors can cause psychopathology in families (6 marks)
 - i) Attachment and Security
 - ii) Learned Behaviour
 - iii) Distorted Thinking

QUESTION 4

- a). Explain how you would handle a client who has very severe depression and has been brought by a family member for psychotherapy (4 marks)
- b) Discuss how the following factors can contribute to unhealthy family dynamics (6 marks)
 - i) Enmeshment
 - ii) Unclear Communication
 - iii) Isolation

QUESTION 5

- a) Outline four components of the Mental Status Examination (4 marks)

- b) As a Counsellor in a Church counselling center, describe three aspects of conflict of interest that may arise when counseling an eighteen year old congregant going through depression after recently discovering she is pregnant. (6 marks)