



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELING PSYCHOLOGY**

BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT

DIPLOMA IN COUNSELING PSYCHOLOGY

MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELING PSYCHOLOGY

COURSE CODE: COU1233|CDC116|COD1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: WEDNESDAY 7th AUGUST 2019

DURATION: 2 HOURS

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **SECTION A** is Compulsory.
- Answer **ANY three** questions from **SECTION B**
- *ALL PAC University's examination rules and regulations apply*

SECTION A ANSWER ALL QUESTIONS (40 MARKS)

QUESTION 1

A. Define the following terms

- i. Psychology 2 Marks
- ii. Intelligence 2 Marks
- iii. Perception 2 Marks
- iv. Sensation 2 Marks
- v. Self-efficacy 2 Marks
- B. Compare and contrast Psychology and Christianity in **FIVE** (5) ways 10 Marks
- C. Discuss any **THREE** (3) common defense mechanisms according to Freud 6 Marks
- D. Name and describe **THREE** (3) characteristics that make psychology a science 6 Marks
- E. With examples discuss **TWO** (2) sources of frustration in our lives. 4 Marks
- F. Describe **TWO** (2) types of conflict 4 Marks

SECTION B: ANSWER ANY 3 QUESTIONS (60 Marks)

QUESTION 2

- i. Describe **FOUR** (4) elements of classical conditioning 8 Marks
- ii. Explain any **FOUR** (4) terms used in operant conditioning 8 Marks
- iii. Discuss any **TWO** (2) factors that influence modeling according to Bandura 4 Marks

QUESTION 3

- i. Discuss any **TWO** (2) characteristics of a good intelligence Test 4 Marks
- ii. Describe any **TWO** (2) types of anxiety according to Freud 4 Marks
- iii. Describe **THREE** (3) primary needs according to Maslow 6 Marks
- iv. Explain any **THREE** (3) reinforcements that are considered in observational learning theory 6 Marks

QUESTION 4

- i. Discuss **FOUR** (4) factors that influence personality development 8 Marks
- ii. With example describe **THREE** (3) negative effects of type A personality 6 Marks
- iii. Describe **THREE** (3) characteristics of a self-actualized person 6 Marks

QUESTION 5

- i. Discuss **FOUR** (4) basic personality traits 8 Marks
- ii. Discuss **THREE** (3) factors that influence perception 6 Marks
- iii. Explain **THREE** (3) interrelated processes that govern observation learning 6 Marks