



**PAN AFRICAN CHRISTIAN UNIVERSITY
UNIVERSITY EXAMINATIONS 2025/2026**

**FIRST SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COMMUNITY DEVELOPMENT STUDIES**

CDC 114: HIV/AIDS Management Online

Date: December

Time: 2 HOURS

Instructions

This paper consists of five questions.

Answer Question 1 and any other two questions

Question 1 carries 30 marks compulsory

Question 2-5 carry 15 marks each

SECTION A (COMPULSORY)

QUESTION ONE (30 Marks)

Case Study

Sarah is a 21-year-old second-year university student in Nairobi who recently tested positive for HIV. She has not disclosed her status to her parents because she fears shame, disappointment, and possible rejection. Sarah struggles with anxiety, insomnia, and self-blame. She sometimes worries that her diagnosis may be a form of divine punishment. The university counseling office has encouraged her to join a peer support group for young women living with HIV, but she is unsure whether she is ready to speak publicly about her situation.

In reference to the case study above, answer the following:

a) Identify and explain three emotional or psychological challenges Sarah is likely

experiencing. (6 marks)

b) Discuss how peer support groups can empower young women like Sarah to cope with their

HIV diagnosis. (6 marks)

c) Analyze the importance of confidentiality within HIV counseling, especially in Sarah's

context. (6 marks)

d) Using biblical teaching, explain how Sarah's belief that her HIV status is a punishment

from God can be theologically corrected. Cite at least one biblical passage. (6 marks)

e) Recommend two counseling interventions that may support Sarah's emotional healing and spiritual wellbeing. (6 marks)

SECTION B (Answer ANY TWO Questions)

QUESTION TWO (15 Marks)

Using your course materials, explain the difference between HIV and AIDS, and critically analyze how early diagnosis coupled with consistent ART adherence influences the progression of the disease.

QUESTION THREE

Evaluate the effectiveness of community home-based care (CHBC) models in supporting people living with HIV/AIDS. (15 Marks)

QUESTION FOUR

Critically analyze how migration and mobility patterns contribute to HIV transmission dynamics in East Africa. (15 Marks)

QUESTION FIVE

Critically analyze the relationship between gender power dynamics and HIV vulnerability in Sub-Saharan Africa. (15 Marks)