

031306T4PSY

COUNSELING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/01/5/A

Assess the Client

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL
(TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

**This paper consists of THREE (3) printed pages
Candidates should check the question paper to ascertain that all pages
are printed as indicated and that no questions are missing.**

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. The overall aim for Counselling is to provide an opportunity for a client to work towards living more satisfying and resourceful life. Define the term counselling. (2marks)
2. Client referral is the practice of helping clients find someone who is an expert to get a proper assistance. Highlight three purposes for referral. (3marks)
3. A client and a counsellor are key persons for a counselling session to take place. Differentiate between the counsellor and the client (4marks)
4. A counselling venue needs to be in a conducive environment to enable the client share out their concerns.
Mention **four** factors to consider when preparing a counselling venue. (4marks)
5. A good test provides fair and accurate results each time it's administered. To ensure this, the test must meet certain criteria like validity. Mention **four** types of validity in a test. (4marks)
6. Counselling contract contains a list of terms that are important for creating a safe trusting, confidential and professional assessment process. Highlight **four** requirements of a contract. (4marks)
7. Confidentiality is key in counselling services, but some circumstances may propel a counsellor to break confidentiality. Highlight **FOUR** reasons that may propel a counsellor to break confidentiality (4marks)
8. Your supervisor referred a client with gross misconduct to you. After assessing the client your treatment plan include counselling sessions. State **FOUR** counselling skills that will be applied in the counselling process.. (4marks)
9. Counsellor Susan was invited by her area chief to offer counselling services to his son who is in form three, and she is planning to conduct an assessment first. Highlight **FOUR** ways it is important for carrying out the assessment. (4marks)
10. An individual has different levels of mind and function differently. Due to various mental disorders a client may be subjected to various psychological tests to test the level of functionality. State **four** types of psychological test a counsellor is likely to apply. (4Marks)
11. Counselling theories serves as a practical toolkit that therapists draw from to facilitate healing and change among clients. Mention three theories applicable for client assessment. (3 Marks)

SECTION B (60 MARKS)

Answer Any THREE Questions in This Section. Question 12 is COMPLSARY.

12. You were among the counsellors invited to provide assessment, counselling and treatment care to victims of Endarasa Academy fire tragedy. You have been brought a client who was arrested recently as a suspect of the fire outbreak and disappeared. The client is said to have been under intense peer pressure to cause the fare which led to the death of 21 pupils and fearing for his life and to meet the angry face of the victims' parents.

a) Explain FIVE assessment tools you will use with this client. (10 Marks)

b) Discuss FIVE benefits of counselor supervision. (10 Marks)

13. Some therapists may rely on the information the patient reports regarding their thoughts, experiences and current feelings. But it is recommendable to apply different methods of assessments to be able to understand the patient's habits, tendencies, behaviors and expressions while talking with them during the assessment process.

a) Describe FIVE methods of assessment. (10 Marks)

b) Discuss FIVE factors to consider while selecting assessment tools. (10 Marks)

14. The Bio data is information about a person's personal and professional background. It is also known as biographical data. This can include information such as a person's name, age, address, education, work experience, and other relevant details

a) Explain FIVE components of a client Bio-data. (5Marks)

b) Highlight FIVE reasons for collecting a client bio-data during an assessment. (5Marks)

c) Explain any five reasons for termination of an assessment session. (10 Marks)

15. The ethics governing counselling requires a counsellor to practice within their area of competence.

a) Explain FIVE ways you will employ to gain competence in your specific area of practice. (5Marks)

b) Describe the FIVE major ethical principles applicable to professional counselling assessment practice. (10 Marks)

c) State any FIVE unethical Behaviors during an assessment. (5marks)