



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF THEOLOGY**

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN BIBLE AND THEOLOGY**

MAY – AUGUST 2025

CAMPUS: ROYSAMBU

DEPARTMENT: BIBLICAL AND THEOLOGICAL STUDIES

COURSE CODE: BTH 3323

COURSE TITLE: CHRISTIAN COUNSELLING

EXAM DATE: MONDAY

TIME: 6.00PM-9.00PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **All questions in Section A** and **TWO** questions from **section**

SECTION A: Answer All Questions (20 Marks)

Question 1: Read the case study of James and Esther and answer question below.

James and Esther, married for 11 years and active leaders in a Nairobi church, built their relationship on shared faith and ministry, raising two children together. James's new job as a regional sales manager required frequent travel, which over time created emotional distance. Esther grew suspicious and eventually discovered messages confirming James had been in an affair with a co-worker for nearly a year. Though James admitted the affair and claimed to have ended the relationship, the betrayal deeply shook Esther's trust, faith, and sense of self. She withdrew from church, while James expressed a desire to restore the marriage, leaving them at a crossroads between forgiveness and broken trust. The couple decided to look for a Counsellor

Using the principles of Christian counselling, do the following:

- (a) Offer counselling to this couple. (16 Marks)
- (b) Apply Two (2) lessons Couples can learn from the story (4 Marks)

SECTION B: Answer Any Two Questions (20 Marks)

- 2. Compare and contrast secular counseling and Christian counseling. **(10 Marks)**
- 3. Discuss the role of prayer and Bible reading in Christian counseling. Give two examples to support your answers. **(10 Marks)**
- 4. Explain **Five (5)** ways self-care helps a Christian counselor to be effective in counselling. **(10 Marks)**
- 5. Discuss the reason Christian counselling is the same with Evangelism.

Christian counseling is synonymous to Evangelism. Discuss using **Five (5)** practical examples. **(10 Mark)**