



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY-AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2113

COURSE TITLE: PSYCHO-DYNAMIC PERSONALITY THEORIES

EXAM DATE: THURSDAY 9TH AUGUST 2018

TIME: 9:00AM-12:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- This exam script has **5 questions**
- Answer question **ONE (COMPULSORY)** and any other **TWO** of your choice
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A (COMPULSORY)

QUESTION ONE.

- a. Define the following terms in psychology:
 - i. Animus (1 mark)
 - ii. Personality (1 mark)
 - iii. fictional finalism (1 mark)
- b. Differentiate between free-will and determinism. (4 marks)
- c. Explain the **FOUR** functions which form the primary basis for psychological types according to Jung. (8 marks)
- d. Read the case study given (Majimoto's Case Study) and answer the questions that follow:

Majimoto Case Study

Majimoto, a 35 year old male is a high school teacher who taught physical education and coached school track team. Making false statements such as being the coach of an Olympic track along with the tendency to easily become enraged by minor provocation, Majimoto is now hospitalised. During university, he attended counselling and was prescribed anti-depressants because Majimoto presented signs incongruent to his normal personality.

Prior to his hospitalisation Majimoto presented similar symptoms to his first episode and stated he experienced constant worrying about his job and team. His family stated Majimoto had become tense, anxious and depressed, and spends long hours sleeping or staring at ceiling. Majimoto has quit his job stating personal incompetence and sees suicide as the only possible solution to the current issues.

Questions

- i. Define the term "defense mechanisms" (1 mark)
- ii. Describe any **THREE** possible issues that Majimoto should deal with as depicted from the case study. (6 marks)
- iii. Explain any **THREE** types of defense mechanisms depicted by Majimoto in the case study. (6 marks)
- iv. As a Christian counselor, identify and describe any defense mechanism depicted when Adam fell into sin. (2 marks)

SECTION B: (CHOOSE ANY TWO QUESTIONS)

QUESTION TWO

- a. Describe the concept of **identity confusion**? (2 marks)
- b. Explain how teachers play an important role in each person's development, according to Adler. (4 marks)
- c. Adler believed that dysfunctional styles of life often result from either pampering or neglect. **DISCUSS.** (4 marks)
- d. Describe the concept **functional analysis** by Skinner for a person to exit smoking (5 marks)

QUESTION THREE

- a. Define the following terms as used by Jung:
 - i. Individuation
 - ii. Entropy (2 marks)
- b. Describe what you understand by **equivalence principle** in analytical psychology. (3 marks)
- c. Differentiate between personal unconscious and collective unconscious. (4 marks)
- d. Describe **THREE** ways in which parents' behavior can affect the behavior of their children, according to Rogers. (6 marks)

QUESTION FOUR

- a. Describe the concept of **homeostasis**. (2 marks)
- b. Explain any **TWO** of the factors identified by Rogers as most important for long-term, healthy marriages. (4 marks)
- c. Rogers described self-actualized people as fully functioning persons who are living a good life. Describe any **FIVE** characteristics of the fully functioning person (5 marks)
- d. Differentiate between desacralizing and the Jonah complex (4 marks)

QUESTION FIVE

- a. Define the following terms:
 - i. Epigenesis (1 mark)
 - ii. Psychosocial crises. (1 mark)
 - iii. Role diffusion (1 mark)
- b. Explain the TWO obstacles to the development of identity according to Erikson. (4 marks)
- c. Distinguish between positive reinforcement and punishment. (2 marks)
- d. Explain the **THREE** types of anxiety proposed by Freud. (6 marks)