



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

JANUARY – APRIL 2022 2022 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES

EXAM DATE: 12/4/2022

DURATION: 3 HOURS

TIME: 6:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

QUESTION 1

- a) Discuss any two personal attributes that determine one's health. (4 marks)
- b) Outline any two health differences between males and females. (4 marks)
- c) Describe any two environmental factors that affect one's health. (4 marks)
- d) Explain any two health vulnerabilities that stress may cause to an individual. (4 marks)
- e) Illustrate any two health concerns emanating from lack of positive social relationship. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

QUESTION 2

- a) Explain the two types of protective environments. (4 marks)
- b) Demonstrate in three ways women have a higher life expectancy than men. (6 marks)

QUESTION 3

- a) Distinguish between healthy and unhealthy parenting styles. (4 marks)
- b) Discuss any three lifestyles that when observed have healthy benefits. (6 marks)

QUESTION 4

- a) Indicate two ways children respond to stress. (4 marks)
- b) Describe three ways marriage could affect health positively. (6 marks)

QUESTION 5

- a) Illustrate how gender discrimination at work place could affect the health of women. (4 marks)
- b) Discuss three ways special populations have vulnerability to negative health. (6 marks)