



**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
MASTER OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER TO DECEMBER 2025 TRIMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: MCP/503

COURSE TITLE: ADVANCED HUMAN DEVELOPMENT

EXAM DATE:

DURATION: 3 HOURS

TIME: 6:00 PM 9:00 PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A: (Compulsory) ANSWER ALL QUESTIONS 20 MARKS

QUEESTION 1:

- a) Using 2 examples explain why we study human development? (4marks)

- b) A mother whose child is 7 years old is worried because the child has not began talking while a child of the same age is already in grade 1 and is talking fluently.
- i) How would you explain this to the mother using Vygotsky,s theory of development? (8marks)
 - ii) Give any 2 pieces of advice to the mother whose child is slow in speech? (4marks)

SECTION B: Answer any 2 questions from this section

QUESTION 2:

- a) Brofenbreinner's ecological theory has 5 environmental systems. Using examples in each case, discuss the first 3 systems (6marks)
- b) As a counselor how would you help a counselee who has a problem with the parents at home and at school? (4marks)

QUESTION 3:

James Marcia proposed four identity statuses which adolescents go through.

- a) Explain the 4 statuses (6marks)
- b) As a counselor how would you help an adolescent who is going through identity moratorium. (4 Marks)

QUESTION 4:

- a) Discuss any 3 negative effects of stress (6marks)
- b) As a counselor give any 2 suggestions to help a counselee manage stress (4 marks)

QUESTION 5:

- a) Discuss the five psychosexual stages of development according to Freud. (5marks)
- b)As a counselor how would you help a child who does not negotiate the latency stage well? (3marks).

c)How does Freud view human nature? (2marks)