



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

MAY – AUGUST 2018

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2213

COURSE TITLE: COGNITIVE AND HUMANISTIC THEORIES

EXAM DATE: TUESDAY 14TH AUGUST 2018

TIME: 5:30PM-8:30PM

INSTRUCTIONS

- Read all questions carefully before attempting.
- This exam script has **5 questions**
- Answer question **ONE (COMPULSORY)** and any other **TWO** of your choice
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

SECTION A (COMPULSORY)

QUESTION ONE.

- a. Define the following terms in psychology:
 - i. Theory (1 mark)
 - ii. Personality(1 mark)
 - iii. Reliability(1 mark)
- b. Explain any **TWO** characteristics that define a person.(4 marks)
- c. Differentiate between predictive validity and content validity.(4 marks)
- d. Explain the **FOUR** factors that influence personality?(8 marks)
- e. Read the Case Study and answer questions that follow:

Your lecturer does not call on you during a particular class session. You feel depressed. Cognitively, you are telling yourself: “My lecturer thinks I’m stupid and that I really don’t have much of value to offer to the class. Furthermore, he’s right, because everyone else is brighter and more articulate than I am. It’s been this way most of my life!”

Questions

- i. Identify any **TWO** possible alternative interpretations(2 marks)
- ii. Explain the **THREE** behavioral techniques that can be applied by Cognitive therapist in the above case study. (6 marks)
- iii. As a Cognitive therapist, describe how you would help such a student(3 marks)

SECTION B (CHOOSE ANY TWO QUESTIONS)

QUESTION TWO

- a. Define the following terms:
 - i. Ergs(1 mark)
 - ii. Sentiments(1 mark)
 - iii. self-sentiment(1 mark)
- b. Describe the concept of **subsidiation** according to Cattell? (2 marks)
- c. Differentiate between Source traits and environmental-mold traits.(4 marks)
- d. Describe the **THREE** personality types proposed by Eysenck (6 marks)

QUESTION THREE

- a. Describe the concept of **construct** according to Kelly? **(2 marks)**
- b. Kelly's personal construct theory is presented in a scientific format, organized into a fundamental postulate and eleven corollaries.
 - i. Define the term **constructive alternativism** according to Kelly(2 marks)
 - ii. State the fundamental postulate (1 mark)
 - iii. Explain any **FIVE** corollaries.(10 marks)

QUESTION FOUR

- a. Describe the **FOUR** ways of classifying needs according to Murray.(4 marks)
- b. Explain any **TWO** parental behaviours that can influence the development of a child's need for achievement(4 marks)
- c. Describe how the Thematic Apperception Test is used to assess personality?(2 marks)
- d. Identify the **FIVE** childhood stages of personality development and the complexes associated with each stage, according to Murray?(5 marks)

QUESTION FIVE

- a. Define the following terms:
 - i. Daimonic(1 mark)
 - ii. Eros(1 mark)
- b. Describe the **FOUR** themes that map May's existential analysis and personality theory. **(8 marks)**
- c. An important concept for May is **will**. Explain (5 marks)