



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF TRIMESTER EXAMINATION FOR THE BA & DIPLOMA OF
IN COUNSELING PSYCHOLOGY
MAY-AUGUST, 2023

CAMPUS: ALL ONLINE

COURSE CODE: COU1233/COD 1133

COURSE TITLE: Introduction to Psychology

EXAM DATE: Monday 7th August, 2023

TIME: 6.00 p.m. – 9.00 p.m.

INSTRUCTIONS

- This examination consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Answer **SECTION A: Question ONE (compulsory)** and any other **TWO** questions in **SECTION B**.
- Question **one** carries **20** marks
- Question 2-5 carry **10** marks each

SECTION A – COMPULSORY (20 MARKS)

QUESTION ONE -COMPULSORY (20 MARKS)

- (a) Explain the role of the following in behaviour development:
- (i) Reinforcement. (2 marks)
 - (ii) Conditioning. (2 marks)
 - (iii) Neurons. (2 marks)
 - (iv) Motivation. (2 marks)
 - (v) Perceptions. (2 marks)
- (b) (i) Discuss **any two** branches of psychology. (2 marks)
- a (ii) Express **any two** advantages of the knowledge gained in this course to you as counselling student. (2 marks)
- (c) (c) Stoney, a 14-year-old form one student has been brought to your counselling centre for help. His mother left his father seven years ago. He remembers that she carried everything from the house leaving him and his siblings struggling. He remembers seeing his mother try to hurt his father before she left. Recently his mother visited them indicating her desire to return to her marital home. Stoney is disgusted by the idea and he harbours a lot of anger that gets out of control. Recently he almost hurt his teacher with a pen knife after being punished for failing an examination. He compares this teacher with his mother. He cries a lot when alone but pretend to be happy when around other people. He isolates himself and is feeling very lonely. Using this case:
- (i) Outline **any two** psychoanalytic concepts relating with Stoney's behaviours. (2 marks)
 - (ii) Analyse which need Stoney could be struggling to meet according to Maslow's Hierarchy of needs. (2 marks).
 - (iii) Explain **any two** ways your spiritual community can help people like Stoney to deal with loneliness. (2 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

QUESTION TWO (10 MARKS)

- (a) Analyse how the following may impact on a person's behaviour:
- (i) Id. (2 marks)
 - (ii) Ego. (2 marks)
 - (iii) Superego. (2 marks)
- (b) Using two examples, differentiate between positive and negative reinforcement. (4 marks)

QUESTION THREE (10 MARKS)

- (a) Daniella, your friend is struggling with drug addiction behaviours. You have been called upon to help the family understand what the cause could be. Using this information express any one role played by the following in Daniella's behaviour development:
 - (i) The personality. (2 marks)
 - (ii) The environment. (2 marks)
 - (iii) Emotions. (2 marks)
- (b) Explain **any two** roles of neurotransmitters in mental disorders. (4 marks)

QUESTION FOUR (10 MARKS)

- (a) Express the role of the following in behaviour development:
 - (i) Self-esteem. (2 marks)
 - (ii) Observation. (2 marks)
 - (iii) Intellect. (2 marks)
- (b) According to Maslow, "an individual's behaviour occurs in relation to his/her level of needs.". Justify this statement with an example. (4 marks)

QUESTION FIVE (10 MARKS)

- (a) Explain the significance of memory in a person's behaviours. (2 marks)
- (b) Express what early Christian philosophers meant by saying that God is rational and humans are irrational. (4 marks)
- (c) Discuss any two factors that influence an individual's perception. (4 marks)