



**PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE CERTIFICATE IN COUNSELING
PSYCHOLOGY**

**SEPTEMBER - DECEMBER 2021 SEMESTER
COURSE CODE: COD103
COURSE TITLE: PSYCHODYNAMIC THEORIES
DATE: 21 DECEMBER 2021
DURATION: 3 HOURS
TIME: 2.30P.M**

INSTRUCTIONS:

- Read the instructions and questions carefully before you write the answers.
- This Exam has TWO SECTIONS.
- **SECTION A** is Compulsory.
- Answer any **TWO** questions in **SECTION B**

SECTION A: COMPULSORY (20 MARKS)

QUESTION ONE

- a) Differentiate the following as described in Carl Jung's Analytical theory:
 - i) Introversion and Extraversion (2 Marks)
- b) Explain any two security operations as described by Sullivan. (4 Marks)
- c) Describe two protective devices identified in Horney's Psychoanalytic Social Theory (4 Marks)
- d) Analyze two ways that a counsellor would integrate Biblical principles with psychodynamic approaches. (4 Marks)
- e) Discuss any two psychosexual stages of development and possible result of fixation for each stage. (6 Marks)

SECTION B: ANSWER ANY TWO (2) QUESTIONS

QUESTION TWO

- a) Highlight one characteristic of self-actualized individuals. (2 Marks)
- b) Explain two basic concepts of individual psychology. (4 Marks)
- c) Explain how you would help a client using Psychoanalytic Social Theory. (4 Marks)

QUESTION THREE

- a) Discuss any two Psychosocial development stages (4 Marks)
- b) Analyze any three mechanisms of escape from freedom as theorized by Fromm. (6 Marks)

QUESTION FOUR

- a) Outline the last stage of development according to Jungian theory. (2 Marks)
- b) Describe any two innate forces that motivate human beings according to Freud. (4 Marks)
- c) Demonstrate how Alfred Adler's birth order concept can affect personality development of:
 - i) First born child (2 Marks)
 - ii) Middle child (2 Marks)

QUESTION FIVE

- a) Outline any one level of hierarchy of needs theory. (2 Marks)
- b) Discuss any two archetypes and indicate how they affect personality. (4 Marks)
- c) With use of two examples, explain your understanding on what Klein termed as an object (4 Marks)