



**PAN AFRICA CHRISTIAN UNIVERSITY**  
**END OF SEMESTER EXAMINATION FOR DIPLOMA IN COUNSELING**  
**SEPTEMBER-DECEMBER 2021**

**CAMPUS: ROYSAMBU**

**DEPARTMENT: PSYCHOLOGY**

**COURSE CODE: COD 100**

**COURSE TITLE: HISTORY AND SYSTEMS OF PSYCHOLOGY**

**EXAM DATE: TUESDAY 21<sup>ST</sup> DECEMBER 2021**

**TIME: 8.00 AM -11AM.**

**INSTRUCTIONS**

- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **ALL** questions in **Section A** and **ANY** other **TWO** from **Section B**

## **SECTION A – Answer all Questions (20 marks)**

### **QUESTION ONE**

- a) Describe two reasons why it is important to study history of psychology as a counselor. (4 marks)
- b) Explain two contextual forces that influenced the development of modern psychology. (4 marks)
- c) Analyze three ways in which history of Jesus can be applied to modern psychology. (6marks).
- d) Discuss how any three current issues in the society can affect adolescents' behavior. (6 marks)

## **SECTION B: Answer any two questions (20 marks)**

### **QUESTION TWO**

- a) Describe Descartes concept of 'method of doubts'. (4 marks)
- b) Analyze the first three concepts of Maslow's hierarchy of needs. (6marks)

### **QUESTION THREE**

- a) Describe two ways in which passions can be detrimental to human beings. (4 marks).
- b) Discuss how you can apply three concepts of Carl Roger's personal centred theory and counselling practice. (6 marks)

### **QUESTION FOUR**

- a) Outline two parts of personality as explained by Plato. (4marks)
- b) Using illustrations discuss how you can apply any three concepts of Alfred Adler's individual psychology theory to modern psychology. (6 Marks)

#### **QUESTION FIVE**

- a) Describe two contributions of Thomas Aquinas concepts to modern psychology. (4 marks).
- b) Explain how a counselor can apply Socratic questioning method in therapy. (6marks)