



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2113

COURSE TITLE: PSYCHO-DYNAMIC THEORIES

EXAM DATE: MONDAY 3RD DECEMBER 2018

DURATION: 3 HOURS

TIME: 9.00 A.M. – 12.00 P.M.

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 (compulsory) and any other TWO questions**
- *Write clearly and legibly.*
- ALL PAC University's examination rules and regulations apply

1. (i) Define the following terms. **(12 mks)**
- (a) Insight
 - (b) Private logic
 - (c) Personality
 - (d) Neurosis
 - (e) Philosophy
 - (f) Psychology
- (ii) (a) Discuss how psychodynamic theorists view development of a human behaviour. **(4 mks)**
- (b) Describe the nature of life instinct and death instincts in relation to human behaviour as viewed by psychoanalytic counsellors. **(4 mks)**
- (c) Analyze the difference between an introvert and extrovert personality. **(4 mks)**
- (iii) Mr. Coolby (40 years old) has been referred to your Counselling Center by the Personnel Manager of ABC Insurance Company for psychological help. In the therapy sessions it appears that Mr. Coolby experienced a poor relationship with his parents and siblings. He confides that he thought his marriage would be full of love but it appears to be a copy of his earlier experiences with his family.
- (a) Using psychoanalytic theory explain its theoretical assumption that would guide you in counseling Mr. Coolby. **(4 mks)**
- (b) Using the above theory, explore any two possible causes of your client's problems. **(6 mks)**
- (c) Discuss any two Rogerian core conditions that you would use to create a therapeutic atmosphere with your client. **(6 mks)**
2. (a) Adlerian counselors believe that neurosis manifestation is as a result of an individual's inability to cope with life social tasks. Justify with examples. **(6 mks)**
- (b) Explore the characteristic of the following Freudian personality factors: **(6 mks)**
- (i) id
 - (ii) superego
 - (iii) ego
- (c) Analyze the nature of ego and shadow in human behaviour. **(6 mks)**
- (d) Discuss the nature of collective unconsciousness according to Jung. **(6 mks)**
- (e) Explain the difference between anima and animus factors. **(6 mks)**
3. (a) Analyse any three psychosexual stages of development. **(6 mks)**
- (b) Describe at least two behaviours displayed by individuals who are fixated in the stages mentioned in (a) above. **(6 mks)**
- (c) Discuss at least three types of ego defence mechanism. **(6 mks)**
- (d) Explore the following goals of analytical theory: **(6 mks)**
- (i) Self realization
 - (ii) Individuation
 - (iii) Transcendence
- (e) Explain any three goals of psychoanalytic theory by Freud. **(6 mks)**

4. (a) Discuss the relationship between mental health and social interest. **(6 mks)**
(b) Explain what behavioural theorists mean by, “a human being as deterministic in habit formation.” **(6 mks)**
(c) Analyze how a person affected by the following ego transactions behave when interacting with other people. **(6 mks)**
(i) Adult ego
(ii) Child ego
(iii) Parent ego
(d) Explain how humanistic theorists view formation of behaviour. **(6 mks)**
(e) Discuss behaviour of stimulus extinction and spontaneous recovery. **(6 mks)**
5. (a) Analyze three dimensions of human behaviour that Ivan Pavlov discovered in his tests with dogs. **(6 mks)**
(b) Demonstrate what Maslow meant by, “an individual is responsible for his/her destiny.” **(6 mks)**
(c) Discuss Jung’s view of feeling and thinking. **(6 mks)**
(d) Describe the nature of the following factors of behavioural formation: **(6 mks)**
(i) Conditioned reflexes.
(ii) Conditioned stimulus.
(iii) Conditioned responses.
(e) Explain at least any two ways psychodynamic counsellors view development of human behaviour. **(6 mks)**