



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY
MAY-AUGUST 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: COU4353

COURSE TITLE: COUPLE COUNSELLING TECHNIQUES

EXAM DATE: THURSDAY 8th AUGUST 2019

DURATION: 2 HOURS

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- **This Exam Script has TWO (2) Sections.**
- **Section “A” is COMPULSORY.**
- **Answer any THREE questions in section “B”**
- *ALL PAC University’s examination rules and regulations apply*

SECTION A (COMPULSORY) 40 MARKS

1. a) Briefly discuss any two ethical considerations necessary while working with couples. (4 marks)
- b) Briefly explain the imago therapy. (4 marks)
- c) Discuss any three stages of change in addiction counselling. (6 marks)
- d) Explain three factors that can enhance intimacy among couples. (6 marks)
- e) Explain any four relationship problems that arise as a result of emotional and sexual affairs. (8 marks)
- f) Explain any three roles played by society in influencing sexual differences between men and women. (6 marks)
- g) Explain any three ways in which internet addiction is likely to affect Couple Intimacy. (6 marks)

SECTION B Answer any three questions (60 marks)

2. a) Briefly explain any two models that explain Bio-psychosocial Epistemology of addiction. (4 marks)
- b) Discuss any four roles that a family member assumes in homes with alcoholic dependent persons. (8 marks)
- c) Explain any four goals for therapy with addicted families. (8 marks)
3. a) "A client discloses information about their spouse and asks you not to tell their partner." Discuss any three options that are ethical stating their pros and cons. (12 marks)
- b) Discuss any two professional issues that may lead to unethical practice among counsellors. (4 marks)
- c) Discuss any two problems that are suitable with family therapy. (4 marks)
4. a) Discuss any three goals of Gotman Couple theory. (6 marks)
- b) Using examples, illustrate how any two components in the Sound Relationship Theory can enhance Intimacy in Couples. (8 marks)
- c) Explain three ways in which childhood family relationships affect the way in which couples interact with one another. (6 marks)
5. a) Discuss any three causes of sexual addiction. (6 marks)
- b) Using examples, describe four ways in which you can counsel a sexually addicted client. (8 marks)

c) Explain any three ways a counsellor can counsel Infidelity in couples. (6 marks)