



PAN AFRICA CHRISTIAN UNIVERSITY

**END OF SESSION EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN TRANSFORMATIONAL CHURCH
LEADERSHIP**

SEPTEMBER – DECEMBER 2019

**DEPARTMENT: TRANSFORMATIONAL CHURCH AND YOUTH
LEADERSHIP**

COURSE CODE: BTCL3253

COURSE TITLE: CHRISTIAN COUNSELLING

EXAM DATE: WEDNESDAY 2ND OCTOBER 2019

DURATION: 3HRS

TIME: 9:00AM-12:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Answer question ONE and any other THREE questions
- You are allowed to use the Bible.
- Once you have opened the exam you must complete within the allotted time (3 hours)
- Once you exit the exam you cannot return
- When the three-hour period elapses, the exam will automatically expire and cannot be recovered.

Section A: Answer ALL Questions (30 marks)

QUESTION ONE

- a) Explain the following terms giving examples in each case to support your answers.
 - i. Counselling (5 marks)
 - ii. Personality (5 marks)
 - iii. Empathy (5 marks)
 - iv. Motivation (5 marks)
- b) Explain the steps followed in Solution Focused Pastoral Counselling. Give examples to support your answers. (10 marks)

Section B: Answer ANY THREE Questions (30 marks)

QUESTION TWO

Discuss the following models of counselling and give examples to support each of your answers.

- a) Cognitive (5 marks)
- b) Person Centred (5 marks)

QUESTION THREE

Describe the following forms of counselling from a Christian Worldview and give examples to support your answers.

- a) Youth counselling (5 marks)
- b) Confrontational Counselling (5 marks)

QUESTION FOUR

It takes more than availability to make a Christian Counsellor. Outline and briefly explain the following.

- a) Five ethical considerations for the Christian Counsellor (5 marks)
- b) Five qualities of a Christian Counsellor (5 marks)

QUESTION FIVE

Explain the following defense mechanisms commonly encountered during Christian Counselling and give examples for each case to support your answers.

- a) Denial (5 marks)
- b) Projection (5 marks)

QUESTION SIX

Outline the steps involved in marriage counselling and provide biblical justification for marriage counselling. (10 marks)