



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR DIPLOMA IN
COUNSELING PSYCHOLOGY
SEPTEMBER-DECEMBER 2019

CAMPUS: ROYSAMBU

DEPARTMENT: COUNSELLING PSYCHOLOGY

COURSE CODE: COD1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: WEDNESDAY 4TH DECEMBER 2019

DURATION: 2 HOURS

TIME: 2:00PM-4:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- *Write clearly and legibly.*
- This exam script consists of **Six (6)** questions.
- Answer **question ONE** and **Any other three (3)** questions
- *ALL PAC University's examination rules and regulations apply*

QUESTION 1: COMPULSORY (30 MARKS)

- a) Briefly define the following terms
 - i) Psychology (2 Marks)
 - ii) Behavior (2 marks)
 - iii) Mental Process (2 marks)
- b) Identify any **four** reasons why we study Psychology (4 Marks)
- c) Briefly Discuss;
 - i) Structuralism (4 Marks)
 - ii) Functionalism (4 marks)
- d) Distinguish interpersonal from intrapersonal relationship (4 marks)
- e) Differentiate a psychologist from Psychiatrist (4 Marks)

QUESTION 2

- a) Discuss regression defense mechanism (3 marks)
- b) Discuss any key **two** concepts in behavioral theory (4 Marks)
- c) State any three reasons why psychology is referred as a science (3 Marks)

QUESTION 3

- a) Discuss Sensory adaptation (3 Marks)
- b) State any **four** branches of Psychology (4 Marks)
- c) Illustrate Abraham Maslow hierarchy of needs (6 Marks)

QUESTION 4

- a) Describe the biological basis of a behavior (4 Marks)
- b) Discuss any THREE types of conflict in motivation theory (6 Marks)

QUESTION 5

- a) Distinguish between nature and Nurture in a influencing behavior (4 Marks)
- b) State any **two** tools used in scientific survey methods (2 Marks)
- c) Projection defense mechanism (4 marks)

QUESTION 6

- a) Highlight the THREE elements in classical conditioning (2 Marks)
- b) State **TWO** characteristics of motivated behavior (2 Marks)
- c) Briefly discuss any three concepts in the theory of Sigmund Freud (6 Marks)