



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
DOCTOR OF PHILOSOPHY IN MARRIAGE AND FAMILY
THERAPY

SEPTEMBER-DECEMBER 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: PMFT221

COURSE TITLE: MFT IN SCHOOLS

EXAM DATE: MONDAY 10TH DECEMBER 2018

DURATION: 3 HOURS

TIME: 5:30PM-8.30PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- Write your **STUDENT NUMBER** in the Answer Booklet given
- **Answer question 1 and any other TWO questions**
- *Write clearly and legibly.*
- *ALL PAC University's examination rules and regulations apply*

Section A: Compulsory (60 marks)

- 1a) Discuss at least six issues in Kenya that prompted a need for counselling in schools (12 marks)
- b) Explain how the six above impacts on counselling in schools in Kenya (18 marks)
- c) You have been appointed as a teacher counsellor in a school. The school administration requires you to come up with a guidance and counselling programme. Analyse any four areas that you would include in the counselling programme. (15 marks).
- d) Discuss any five challenges that an MFT therapist may encounter while counselling students in school (15 marks)

SECTION B 40 mks

2. a) Using four examples, discuss how counselling adolescents may differ from counselling adults (8 marks)
- b) Explain any four ways you would deal with a resistant adolescent client in therapy (8 marks)
- c) Explain any four steps that the counsellor may take to enhance a child's autonomy and responsibility in counselling (4 marks)
- 3a) Analyse at least five reasons why it would be necessary for an MFT therapist working in a school to use a systemic approach while counselling students (10 marks)
- b) Discuss any three areas that an MFT therapist may enlighten school administration concerning counselling in schools (6 marks)
- c) How can you work with a child who has been referred for counselling and is fearful of the counselling process? (4marks)
- 4a) Discuss any three reasons why MFT therapists need to consider the following factors so as to offer professional counselling service to pupils in schools (12 marks)
- i. Counselling aims
 - ii. Resources for counselling
 - iii. Counselling styles
 - iv. The type of setting
- b) Describe any four counselling techniques that may be appropriate with school children (8 marks)
- 5a) Explain why solution focussed brief counselling is suitable in a school setting (5 marks)
- b) Analyse anyone counselling issue where solution focussed counselling may be used and give reasons why (8 marks)
- c) Discuss why an MFT therapist may not use solution focussed in counselling substance abuse in schools (7 marks)
- 6a) Discuss any three guiding principles that counsellors should adhere to while working with clients in schools (9 marks)
- b) You are an MFT therapist in a school. One of the pupils suffers from type I diabetes. The parents of the pupil are reluctant to engage a medical doctor because their denomination prohibits medical treatment.
- i) Discuss measures you would take to counsel this pupil and the parents (5 marks)

ii) Analyse any three challenges you are likely to encounter in counselling this pupil and the family (6 marks)