



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPT - DEC 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: UCC 202

COURSE TITLE: HEALTH AND SOCIAL ISSUES (DAY)

EXAM DATE:

DURATION: 3 HOURS

TIME: 9:00 AM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

QUESTION 1: COMPULSORY (20 MARKS)

- a) Explain **ANY TWO** factors that influence an individual's health. (4 marks)
- b) Distinguish between preventive and protective behavior to health matters. (4 marks)
- c) Discuss **ANY TWO** ways relationships affect health. (4 Marks)
- d) Examine **ANY TWO** ways the attitude affects an individual's health. (4 Marks)
- e) Describe **ANY TWO** ways stress affects health. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

- a) Explain two ways the church cell groups can have a positive effect on mental health. (4 Marks)
- b) Describe three ways marriage benefits a couple. (6 Marks)

Question 3

- a) Explain any two benefits accruing from stress. (4 Marks)
- b) Discuss three lifestyles contributing to obesity among children and adolescents. (6 Marks)

Question 4

- a) Compare and contrast any two-health differences between men and women. (4 Marks)
- b) Describe three ways a church can promote positive health among the members and general community. (6 Marks)

Question 5

- a) Explain two lifestyle behaviors that predispose men to death earlier than women. (4 Marks)
- b) Discuss any three challenges a Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) member or person pose to a Christian health provider. (6 Marks)