



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

**END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS IN COUNSELLING PSYCHOLOGY**

SEPTEMBER-DECEMBER 2024 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COU2133

COURSE TITLE: INTRODUCTION TO COUNSELLING ETHICS

EXAM DATE: THURSDAY 5TH DECEMBER 2024

DURATION: 3 HOURS

TIME: 6:00PM-9:00PM

INSTRUCTIONS

- Read the instructions and questions carefully before you write the answers.
- **Answer question 1 and any other TWO questions**
- *ALL PAC University's examination rules and regulations apply*

SECTION A: COMPULSORY (20 MARKS)

Question 1

- a) Describe any **two** key ethical principles in counseling. (4 marks)
- b) Explain any **two** roles of a professional ethical code in guiding counselors' decision-making. (4 marks)
- c) Explore any **two** key components of the Kenya Counsellors and Psychologists code of Ethics. (4 marks)
- d) Illuminate any **two** conditions of breaching confidentiality in counseling. (4 marks)
- e) Expound any **two** elements in Counselee Intake Form. (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (20 MARKS)

Question 2

Maria, a 16-year-old student, seeks counseling services at her school after experiencing bullying. She is unsure about the purpose of counseling and is hesitant to share details, fearing her parents might be informed.

- a) Expound any **two** key components of informed consent that would be relevant in this case. (4 marks)
- b) Discuss any **three** potential consequences for the counselor and client if ethical standards are not upheld. (6 marks)

Question 3

Daniel, a counselor, has been working with a client named Sarah, who has been attending sessions for anxiety and depression. Over the past few months, Daniel has maintained detailed records of their sessions but recently faced a technical issue, leading to the accidental deletion of some of Sarah's files.

- a) Explain **two** ethical implications of losing or mishandling client records, specifically for both the counselor and client. (4 marks)
- b) Discuss **three** importance of maintaining accurate client records in counseling, referencing Daniel's situation. (6 marks)

Question 4

John, a counselor, is working with Michael, an adult client who is experiencing stress and anger issues. In one session, Michael discloses that he has thoughts about harming his supervisor. John is concerned about Michael's statements and is uncertain whether to break confidentiality to prevent potential harm.

- a) Describe **two** ethical steps John should take to determine whether breaking confidentiality is necessary, according to professional counseling ethics and standards. (4 marks)
- b) Explore **three** ethical principles that are relevant to John's decision about maintaining or breaking confidentiality. (6 marks)

Question 5

Emily, a counselor at a community mental health clinic, recently began working with a new client, Tom, who has a history of substance abuse and legal issues. During sessions, Emily feels pressured to document everything Tom says in detail due to his legal history, fearing potential liability. However, she is concerned about balancing confidentiality with the ethical need for accurate record-keeping.

- a) Describe any **two** record-keeping strategies for Emily that would uphold ethical standards, protect client confidentiality, and address her concerns about liability. (4 marks)
- b) Discuss any **three** ethical importance of accurate, objective, and appropriate documentation in Emily's case. (6 marks)