



PAN AFRICA CHRISTIAN UNIVERSITY

SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

END OF SEMESTER EXAMINATION FOR

DIPLOMA IN COUNSELING PSYCHOLOGY

JANUARY – APRIL 2018 SEMESTER

CAMPUS: ROYSAMBU

DEPARTMENT: PSYCHOLOGY

COURSE CODE: COD1133

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

EXAM DATE: THURSDAY 12TH APRIL 2018

TIME: 9:00AM-11:00AM

INSTRUCTIONS

- This examination script consists of **Five (5)** questions.
- Read all questions carefully before attempting.
- Write your **student number** on the answer booklet provided.
- Answer **Question ONE** and any other **TWO** questions
- Question **one** carries **30** marks
- Question 2-5 carry **15** marks each

QUESTION ONE: COMPULSORY

(a) Define the following terms:

- | | | |
|------|------------|--------|
| i) | Psychology | (2mks) |
| ii) | Organism | (2mks) |
| iii) | Behaviour | (2mks) |
| iv) | Brain | (2mks) |
| v) | Neuron | (2mks) |

(b) Describe:

- | | | |
|-----|--|---------|
| i) | Any three factors of the science of psychology. | (6mks) |
| ii) | The relationship between motivation and behaviour. | (4 mks) |
- (c) Mr. and Mrs. Jamila have brought their eight year old son for counseling because they are unable to help their son in doing his homework. In the discussion, it appears that their son is suffering from a developmental issue. He cannot sit down and concentrate fully on anything.
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|------|--|---------|
| i) | Explain to Jamila's the effects of neurotransmitters in development of psychological issues. | (4 mks) |
| ii) | Identify the parts of the brain that process: | |
| | (a) Emotions | (2 mks) |
| | (b) Cognitions | (2 mks) |
| iii) | Outline any two environmental factors on development of brain. | (2 mks) |

QUESTION TWO

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|------|--|---------|
| i) | Discuss what Freud meant by his assertion that the unconscious mind is a major cause of behavioral issues. | (6 mks) |
| ii) | Explore the characteristics of the following structures of personality: | |
| | (a) Id | (3 mks) |
| | (b) Ego | (3 mks) |
| | (c) Super ego | (3 mks) |

QUESTION THREE

- | | | |
|------|---|---------|
| i) | According to behaviourists, "A behaviour can be learnt, it can be unlearnt or re-learnt." Discuss this concept. | (6 mks) |
| ii) | Analyze how behaviour develops through observation. | (6mks) |
| iii) | Behavior learnt in the "market place" might not be as good as that one learnt in home environment. Justify. | (3 mks) |

QUESTION FOUR

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|------|--|---------|
| i) | Describe the nature of reality in relationship to an individual's perception. | (4 mks) |
| ii) | Analyze how subjective frame of reference can be a source of psychological problems to a person. | (6 mks) |
| iii) | Discuss the effects of conditions of worth to self-concept. | (5 mks) |

QUESTION FIVE

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|----|---|---------|
| i) | Identify the characteristics of the following aspects of consciousness: | |
| | (a) Attention | (2 mks) |
| | (b) Dissociation | (2 mks) |

- (c) Sleep
- ii) Discuss the importance this Course to a counseling student.

(2 mks)
(9 mks)