



PAN AFRICA CHRISTIAN UNIVERSITY

DIPLOMA IN LEADERSHIP AND MANAGEMENT

END OF SEMESTER EXAMINATION

DEPARTMENT - LEADERSHIP

COURSE CODE – DLM 100

COURSE TITLE – MANAGING PERSONAL DEVELOPMENT

EXAM DATE –

TIME –

Duration - 3 hours (Online)

INSTRUCTIONS

- This exam script has **TWO (2)** sections.
- Read all questions carefully before attempting.
- Answer **ALL** questions in Section A and any other **TWO** questions in Section B.

Total Marks – 40

SECTION A: ANSWER ALL QUESTIONS FROM THIS SECTION

1. a) Define the following terms as used in managing personal development:-
 - i) Personal growth (2 marks)
 - ii) Temperaments (2 marks)
 - iii) Personal Goals (2 marks)
- b) Explain two reasons behind the development of personal goals (4 marks)
2. (a) Name and explain three areas that are necessary for a holistic personal leadership development (6 marks)
- (b) State and explain two principles of time management (4 marks)

SECTION B: ANSWER ANY TWO QUESTIONS FROM THIS SECTION

3. List and explain five disadvantages of goal setting (10 marks)
4. List and explain five characteristics of a Melancholic (10 marks)
5. During an interview for the position of a Production Manager, you are asked to state and explain five self-management skills that will enable you to be successful in your new assignment. What would be your response? (10 marks)
6. List and explain five key principles of goal setting (10 marks)
7. Identify and explain five strategies for managing time (10 marks)

END