

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/07/6

Provide Guidance and Counselling in Learning Institutions

July /August 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

CANDIDATE PRACTICAL ASSESSMENT

TIME: 1 HOUR

INSTRUCTIONS TO THE CANDIDATE

1. In this assessment, you are required to perform the following tasks:
 - a) Prepare to Provide Guidance and Counselling in Learning Institutions
 - b) Provide Guidance and Counselling in Learning Institutions
 - c) Evaluate Guidance and Counselling in Learning Institutions
 - d) Terminate Guidance and Counselling in Learning Institutions
2. You will be allocated **1 hour** to complete the practical tasks
3. The assessor will record your performance at critical points using audio/visual means
4. The following resources will be provided to the candidate
 - a) Seats
 - b) Working wall clock
 - c) Small size table
 - d) Soft tissues/ serviettes
 - e) Waste bin
 - f) Drinking water and cups
 - g) Counselling venue
 - h) Counselling forms:
 - ✓ Intake form
 - ✓ Informed consent

✓ Referral form

i) Assessment tools:

- ✓ Beck's Depression Inventory (BDI)
- ✓ or Reynolds Adolescent Depression Scale (RAD5-2)
- ✓ Beck Anxiety Inventory (BAI)
- ✓ Perceived Stress Scale (PSS)
- ✓ Rosenberg Self-Esteem Scale (RSES)

j) Stationeries: Pen and notebook