

Describe personality as explained by Murray



PAN AFRICA CHRISTIAN UNIVERSITY
SCHOOL OF HUMANITIES AND SOCIAL SCIENCES
END OF SEMESTER EXAMINATION FOR THE DEGREE OF
BACHELOR OF ARTS COUNSELLING PSYCHOLOGY
September - December 2021

CAMPUS: ONLINE

DEPARTMENT: PSYCHOLOGY

COURSE CODE:

COURSE TITLE: HUMANISTIC THEORIES COD 109

EXAM DATE: 20 Dec 2021

TIME: 0830

INSTRUCTIONS

- Read the questions carefully before attempting.
- This Exam accounts for thirty (**40**) per cent of your total grading.
- The Exam has two sections – Section A and B.
- Section A has a compulsory question that carries **Ten (20)** marks. Attempt all the sections.
- Section B has **four (3)** questions, each carrying **Ten (20)** marks. You are required to answer any **two (2)**.
- Only the first **two** questions from section B attempted on the exam platform will be marked. If you do not wish that to happen, delete any answers you do not wish marked.

ALL PAC University's examination rules and regulations apply

SECTION A: ATTEMPT ALL THE SECTIONS OF THIS QUESTION. TOTAL MARKS TWENTY (20).

1) a) Describe the following terms

- i) Incongruence. (2 marks)
- ii) Actualizing tendency. (2 marks)
- iii) Phenomenology. (2 marks)
- iv). Existential anxiety. (2 marks)
- v) Self-Awareness. (2 marks)

b) Discuss any three stages of child development according to Henry Murray (6 marks)

c) Explain the process of a typical play therapy session as described by Clark Moustakas (4 marks)

SECTION B: ATTEMPT ANY TWO QUESTIONS FROM THIS SECTION. TOTAL MARKS TWENTY (20).

QUESTION 1

- a) Maslow proposed a hierarchy of needs based on the principle of relative potency and in order of their strength. Discuss the any three needs. (6 marks)
- b) Distinguish between i) motivation. (2 marks)
and ii) metamotivation. (2 marks)

QUESTION 3

- a) Discuss two ways conditional positive regard by parents can affect a child's self-perception. (4 marks)
- b) Discuss division of personality according to Henry Murray. (6 marks)

QUESTION 4

- a) Discuss any three characteristics of the fully functioning person according to Carl Rogers (6 marks)
- b) Explain two ways play therapy facilitate a therapist to understand a child's problems. According to Clark Moustakas. (4 marks)

QUESTION 5

- a) Humanistic psychology (humanism) is grounded in the belief that people are innately good and that morality and good intentions are the driving forces of behavior discuss your view of this statement from a Christian Perspective. (5 marks)
- b) Analyze any two basic assumptions of humanistic Psychology. (4 marks)
- c) Define a theory. (1 mark)

